



La 10 Gouzon (10 km) - 215 arrivants (60 Femmes - 155 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe	Catégorie	Licence	Club/Equipe/Assoc./Ent.	
1	qi 0h 33m 49s	48	DEVAUX Olivier	-	17,745	3m 23s	M	1 M1M	1 / 22	702943	Montluçon Athletisme
2	0h 34m 16s	8	AUCLAIR Guillaume	0m 27s	17,508	3m 26s	M	2 SEM	1 / 24	1755157	Glénic Sport Nature
3	qi 0h 34m 52s	159	MEUROU David	1m 04s	17,205	3m 29s	M	3 M2M	1 / 22	1499838	Endurance 23 La Souterraine
4	qi 0h 36m 22s	214	PERRET Nicolas	2m 33s	16,498	3m 38s	M	4 M3M	1 / 22		Amitie Nature Montluçon
5	qi 0h 36m 34s	165	GOUNY Nicolas	2m 46s	16,405	3m 39s	M	5 M2M	2 / 22	1724533	Sam Gueret
6	qi 0h 36m 38s	32	CARPENTIER Christophe	2m 49s	16,381	3m 40s	M	6 M2M	3 / 22	1294021	Sam Gueret
7	qi 0h 36m 45s	166	HEID Jean-Baptiste	2m 56s	16,328	3m 40s	M	7 JUM	1 / 7		Sam Gueret
8	qi 0h 37m 00s	23	BOURRAS Michel	3m 11s	16,217	3m 42s	M	8 M3M	2 / 22	1981106	Glénic Sport Nature
9	0h 37m 13s	37	CHENUAT Frédéric	3m 24s	16,120	3m 43s	M	9 M0M	1 / 15		
10	0h 37m 49s	28	BOYER Dorian	4m 00s	15,865	3m 47s	M	10 ESM	1 / 6	2060309	Ea Aubusson
11	0h 38m 37s	188	DESEILLEUR Julien	4m 48s	15,536	3m 52s	M	11 M0M	2 / 15	485151	CS Cone d'Allier
12	0h 38m 44s	181	MOREAU Nicolas	4m 55s	15,493	3m 52s	M	12 SEM	2 / 24	1848093	Glénic Sport Nature
13	0h 38m 47s	61	FRAPPAT Olivier	4m 59s	15,468	3m 53s	M	13 M1M	2 / 22	2070917	Glénic Sport Nature
14	0h 38m 55s	185	GAUMET Lucas	5m 07s	15,415	3m 54s	M	14 JUM	2 / 7		
15	0h 38m 55s	215	DESRUES Loic	5m 07s	15,415	3m 54s	M	15 M1M	3 / 22		Amitie Nature Montluçon
16	qi 0h 38m 58s	184	PACHECO Antonio	5m 09s	15,400	3m 54s	M	16 M3M	3 / 22	229649	Est Charente Athlé
17	0h 39m 04s	167	BARTHAZON Quentin	5m 15s	15,359	3m 54s	M	17 SEM	3 / 24		
18	0h 39m 04s	168	REGERAT Alexis	5m 15s	15,359	3m 54s	M	18 SEM	4 / 24		
19	0h 39m 08s	147	SUFFIA Thibaut	5m 19s	15,335	3m 55s	M	19 JUM	3 / 7	2177454	Glénic Sport Nature
20	0h 39m 10s	124	PETITJEAN Cedric	5m 22s	15,317	3m 55s	M	20 M2M	4 / 22		Team Tri Evaux Les Bains
21	0h 39m 10s	66	GARCIA Aurélien	5m 22s	15,317	3m 55s	M	21 SEM	5 / 24	2202780	Montluçon Athlétisme
22	0h 39m 15s	204	LACOUR Damien	5m 26s	15,289	3m 55s	M	22 SEM	6 / 24		
23	0h 39m 20s	169	ALANORD Nicolas	5m 31s	15,254	3m 56s	M	23 M0M	3 / 15		
24	0h 39m 30s	56	DURANTON Alexis	5m 41s	15,193	3m 57s	M	24 SEM	7 / 24		
25	0h 39m 42s	76	GORSE Romain	5m 54s	15,112	3m 58s	M	25 M0M	4 / 15		
26	0h 39m 46s	115	MULLER Adrien	5m 57s	15,088	3m 59s	M	26 SEM	8 / 24		Ea Aubusson
27	0h 39m 48s	190	PICOURET Stephane	5m 59s	15,076	3m 59s	M	27 M0M	5 / 15		
28	0h 39m 57s	231	BELGY Quentin	6m 08s	15,020	4m 00s	M	28 CAM	1 / 4		
29	0h 40m 03s	131	PRINET Franck	6m 14s	14,982	4m 00s	M	29 M2M	5 / 22		Ufolep Sap
30	0h 40m 03s	105	LIMOGES Christophe	6m 14s	14,982	4m 00s	M	30 M3M	4 / 22		Team Limogesse



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Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Licence	Club/Equipe/Assoc./Ent.
31	0h 40m 05s	52	DUBOIS Mathieu	6m 16s	14,969	4m 00s	M	31	SEM	9 / 24	
32	qi 0h 40m 08s	219	RABET Marie-Julie	6m 19s	14,953	4m 01s	F	1	MOF	1 / 11	
33	0h 40m 09s	81	GUYONNET Sebastien	6m 20s	14,943	4m 01s	M	32	M2M	6 / 22	1960708 Gouzon Court
34	0h 40m 16s	98	LE BARON Sébastien	6m 27s	14,902	4m 02s	M	33	M1M	4 / 22	
35	0h 40m 37s	83	HILLEWAERE Julien	6m 48s	14,774	4m 04s	M	34	ESM	2 / 6	
36	0h 40m 41s	1	ALALINARDE Mathias	6m 52s	14,749	4m 04s	M	35	ESM	3 / 6	2042581 Boussac Running
37	0h 40m 57s	137	ROCHA Christophe	7m 09s	14,649	4m 06s	M	36	M1M	5 / 22	Ce Safran
38	0h 41m 01s	20	BOITEUX Quentin	7m 12s	14,631	4m 06s	M	37	ESM	4 / 6	Uc Domerat Montluçon
39	0h 41m 07s	173	MANEGRIER Jerome	7m 18s	14,595	4m 07s	M	38	M1M	6 / 22	2161822 Ea Aubusson
40	0h 41m 08s	127	PLANCOULAINE Yoan	7m 19s	14,586	4m 07s	M	39	JUM	4 / 7	2071149 Glénic Sport Nature
41	0h 41m 11s	3	ALMEIDA Benjamin	7m 22s	14,571	4m 07s	M	40	SEM	10 / 24	
42	0h 41m 22s	12	BARUSSEAU Corentin	7m 33s	14,506	4m 08s	M	41	ESM	5 / 6	
43	0h 41m 34s	228	DECOUSSET Charles	7m 46s	14,432	4m 09s	M	42	CAM	2 / 4	
44	0h 41m 45s	138	ROMERO Laurent	7m 56s	14,372	4m 10s	M	43	M3M	5 / 22	719306 Glénic Sport Nature
45	0h 41m 48s	62	FRITZ Jean-Marc	7m 59s	14,354	4m 11s	M	44	M2M	7 / 22	1428332 Us La Chatre Athlétisme
46	0h 41m 48s	171	FAYARD Alexandre	7m 59s	14,354	4m 11s	M	45	SEM	11 / 24	Team Viking Spirit
47	0h 41m 54s	9	AUDIN Jean-Francois	8m 05s	14,319	4m 11s	M	46	M3M	6 / 22	2079371 Glénic Sport Nature
48	0h 42m 04s	134	RAYNAUD Damien	8m 15s	14,264	4m 12s	M	47	SEM	12 / 24	2112999 Endurance 23 La Souterraine
49	0h 42m 17s	212	GOUVERNAIRE Sebastien	8m 28s	14,191	4m 14s	M	48	M1M	7 / 22	2186770 Glénic Sport Nature
50	0h 42m 25s	154	ZERYOUH Hassane	8m 36s	14,145	4m 15s	M	49	M4M	1 / 9	664498
51	0h 42m 29s	209	LARDY Mathieu	8m 40s	14,122	4m 15s	M	50	SEM	13 / 24	
52	qi 0h 42m 46s	125	PICAUD Virginie	8m 57s	14,032	4m 17s	F	2	M1F	1 / 12	1340934 Us Berry Athlétisme
53	0h 42m 46s	233	TRINDAD Jerome	8m 57s	14,032	4m 17s	M	51	SEM	14 / 24	
54	0h 42m 49s	177	LOUTON Gregory	9m 01s	14,011	4m 17s	M	52	SEM	15 / 24	Les Traineurs
55	0h 42m 54s	14	BAYLOT Jean Francois	9m 05s	13,988	4m 17s	M	53	M1M	8 / 22	Mdesign
56	0h 43m 03s	18	BERTHON Yves	9m 15s	13,935	4m 18s	M	54	M4M	2 / 9	Sap
57	0h 43m 19s	210	QUESTROY Maxime	9m 30s	13,853	4m 20s	M	55	SEM	16 / 24	
58	0h 43m 40s	217	GOURGON Romain	9m 52s	13,738	4m 22s	M	56	M1M	9 / 22	2170698 Boussac Running
59	0h 43m 57s	110	MASSIAS Jean-Michel	10m 08s	13,652	4m 24s	M	57	M2M	8 / 22	
60	qi 0h 44m 16s	161	LAFAILLE Yvon	10m 27s	13,556	4m 26s	M	58	M5M	1 / 12	2014705 Limoges Athlé



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61	qi 0h 44m 27s	75	GONZALO Emilie	10m 38s	13,497	4m 27s	F	3 M1F	2 / 12	Sam Tri 23
62	0h 44m 29s	150	TIXIER Alexandre	10m 40s	13,489	4m 27s	M	59 SEM	17 / 24	
63	0h 44m 32s	90	JEANNOT Gilles	10m 43s	13,474	4m 27s	M	60 M3M	7 / 22	2205564 Glénic Sport Nature
64	0h 44m 40s	114	MERIGOT Eloic	10m 51s	13,435	4m 28s	M	61 M0M	6 / 15	133374 Ea Aubusson
65	0h 44m 42s	96	LAUMAY Jérôme	10m 54s	13,421	4m 28s	M	62 M1M	10 / 22	2032579 Gouzon Court
66	0h 44m 45s	74	GIRAUD Antoine	10m 56s	13,408	4m 28s	M	63 SEM	18 / 24	1459515 Entente Athlétique Aubusson
67	0h 44m 45s	68	GAUDOIN Cyril	10m 56s	13,408	4m 28s	M	64 SEM	19 / 24	2182678 Entente Athlétique Aubusson
68	0h 44m 47s	194	JEACQUEMAIN Olivier	10m 58s	13,397	4m 29s	M	65 M2M	9 / 22	2103617 Endurance 23 La Souterraine
69	0h 44m 50s	25	BOURSAUD Franck	11m 01s	13,385	4m 29s	M	66 M3M	8 / 22	1560635 Boussac Running
70	0h 44m 50s	88	JARDY Cyrille	11m 01s	13,385	4m 29s	M	67 M2M	10 / 22	
71	0h 44m 56s	192	RANTY Thierry	11m 08s	13,351	4m 30s	M	68 M3M	9 / 22	
72	0h 45m 19s	7	AUCLAIR David	11m 30s	13,242	4m 32s	M	69 M3M	10 / 22	2173447
73	0h 45m 38s	118	NOVAIS Amélie	11m 49s	13,147	4m 34s	F	4 SEF	1 / 13	
74	0h 45m 38s	108	MARTIN Gillian	11m 49s	13,147	4m 34s	M	70 M1M	11 / 22	
75	0h 45m 40s	140	ROUGERON Didier	11m 52s	13,136	4m 34s	M	71 M3M	11 / 22	2165081 Les Foulées Evahoniennes
76	0h 45m 47s	193	ALANORD Julien	11m 58s	13,104	4m 35s	M	72 M1M	12 / 22	
77	qi 0h 45m 55s	5	ARRAUD Alain	12m 06s	13,068	4m 35s	M	73 M6M	1 / 8	123461 Glénic Sport Nature
78	qi 0h 46m 02s	44	DAGARD Philippe	12m 13s	13,034	4m 36s	M	74 M6M	2 / 8	357893 Boussac Running
79	0h 46m 04s	158	COMPERE Yohan	12m 15s	13,026	4m 36s	M	75 CAM	3 / 4	
80	qi 0h 46m 04s	130	PRADEAU Jean	12m 15s	13,026	4m 36s	M	76 M7M	1 / 3	274991 Leyrenne Ac
81	0h 46m 04s	186	YVERNAULT Joel	12m 15s	13,026	4m 36s	M	77 M5M	2 / 12	1863031 Boussac Running
82	0h 46m 09s	64	GAILLE Emilie	12m 20s	13,003	4m 37s	F	5 M0F	2 / 11	1493575 Sam
83	0h 46m 20s	207	DONASCIMENTO Damien	12m 31s	12,949	4m 38s	M	78 M1M	13 / 22	1465661 Sam Gueret
84	0h 46m 24s	164	DRAGO Salvatore	12m 35s	12,933	4m 38s	M	79 M5M	3 / 12	
85	0h 46m 30s	160	SOUCHAL Florian	12m 41s	12,903	4m 39s	M	80 JUM	5 / 7	
86	0h 46m 43s	208	PRON Reth	12m 54s	12,843	4m 40s	M	81 M0M	7 / 15	
87	0h 46m 49s	89	JASLIN David	13m 00s	12,817	4m 41s	M	82 M2M	11 / 22	
88	0h 46m 51s	199	AUTIXIER Jean-Luc	13m 03s	12,805	4m 41s	M	83 M5M	4 / 12	2062152 Boussac Running
89	0h 46m 53s	133	QUICHON Jullien	13m 04s	12,798	4m 41s	M	84 SEM	20 / 24	
90	0h 47m 01s	91	KHALLOUKY Bouchaib	13m 13s	12,759	4m 42s	M	85 M3M	12 / 22	1862469 Glénic Sport Nature



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91	0h 47m 01s	49	DIOT Ingrid	13m 13s	12,759	4m 42s	F	6	M0F	3 / 11	2145885	Boussac Running
92	0h 47m 01s	189	NEGRINI Benjamin	13m 13s	12,759	4m 42s	M	86	SEM	21 / 24	2218840	Boussac Running
93	0h 47m 04s	203	PEZERY Maxime	13m 16s	12,747	4m 42s	M	87	M6M	3 / 8	1870659	
94	0h 47m 06s	121	PARADOUX Patrick	13m 17s	12,739	4m 43s	M	88	M4M	3 / 9	1631764	Sam Gueret
95	0h 47m 09s	85	IFANGER Quentin	13m 21s	12,723	4m 43s	M	89	JUM	6 / 7		
96	0h 47m 19s	174	OVAN Valentin	13m 30s	12,680	4m 44s	M	90	ESM	6 / 6		
97	0h 47m 19s	200	LALLIER Anthony	13m 30s	12,680	4m 44s	M	91	M0M	8 / 15		
98	0h 47m 32s	197	MONTMARTIN Claire	13m 43s	12,622	4m 45s	F	7	M1F	3 / 12		
99	0h 47m 32s	198	LAS FARGEAS Laetitia	13m 43s	12,622	4m 45s	F	8	M0F	4 / 11	346169	Sam Gueret
100	qi 0h 47m 44s	100	LEACH Robert	13m 55s	12,570	4m 46s	M	92	M7M	2 / 3	432309	Cacc Running
101	0h 48m 02s	41	COURTY Denis	14m 13s	12,491	4m 48s	M	93	M2M	12 / 22		
102	0h 48m 14s	11	BARANGER Séverine	14m 26s	12,438	4m 49s	F	9	M0F	5 / 11		
103	qi 0h 48m 18s	46	DEGAINE Michel	14m 29s	12,422	4m 50s	M	94	M7M	3 / 3	676141	Glénic Sport Nature
104	0h 48m 31s	211	FAVALESSA Arnauld	14m 42s	12,366	4m 51s	M	95	M3M	13 / 22		
105	0h 48m 36s	230	LAJOIE Victor	14m 47s	12,345	4m 52s	M	96	SEM	22 / 24	2173445	Boussac Running
106	0h 48m 36s	59	FOUCAT Hervé	14m 47s	12,345	4m 52s	M	97	M3M	14 / 22		Team ... hôtel Ritz Paris""
107	0h 48m 40s	175	GRANDJEAN Thierry	14m 52s	12,328	4m 52s	M	98	M4M	4 / 9	1863261	Boussac Running
108	0h 48m 42s	94	LAMARQUE Carine	14m 53s	12,321	4m 52s	F	10	M1F	4 / 12		Team Tri Evaux Les Bains
109	0h 48m 42s	13	BATTAINI Lilian	14m 53s	12,321	4m 52s	M	99	M4M	5 / 9	2176558	Endurance 23 La Souterraine
110	0h 48m 49s	40	CLAVAUD José	15m 00s	12,292	4m 53s	M	100	M5M	5 / 12		
111	0h 49m 04s	179	POMPIER Malo	15m 15s	12,230	4m 54s	M	101	CAM	4 / 4		
112	0h 49m 09s	15	BAZARD Olivier	15m 20s	12,207	4m 55s	M	102	M0M	9 / 15	2175957	Glénic Sport Nature
113	0h 49m 12s	151	TUFFRAUD Laurent	15m 23s	12,195	4m 55s	M	103	M2M	13 / 22		Team M Design
114	0h 49m 20s	97	LAURENT Vincent	15m 31s	12,163	4m 56s	M	104	M4M	6 / 9		Ea Aubusson
115	0h 49m 23s	176	GUILLEMOT Kadia	15m 34s	12,149	4m 56s	F	11	M1F	5 / 12	1981701	Glénic Sport Nature
116	0h 49m 29s	216	CAMESCASSE Stephanie	15m 40s	12,125	4m 57s	F	12	M1F	6 / 12	2041008	Boussac Running
117	0h 49m 31s	229	GUENDOUZ Abel	15m 42s	12,118	4m 57s	M	105	M3M	15 / 22		
118	0h 49m 32s	120	PABOEUF Cedric	15m 44s	12,112	4m 57s	M	106	M1M	14 / 22		
119	0h 49m 36s	111	MAZIERE Alexandra	15m 48s	12,096	4m 58s	F	13	M0F	6 / 11	2155900	Glénic Sport Nature
120	0h 49m 41s	129	POUPARD Alain	15m 52s	12,077	4m 58s	M	107	M5M	6 / 12	1755148	Glénic Sport Nature



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121	0h 49m 41s	224	GATIER Severine	15m 52s	12,077	4m 58s	F	14	M0F	7 / 11	
122	0h 49m 50s	16	BEAULATON Maëva	16m 01s	12,042	4m 59s	F	15	SEF	2 / 13	
123	0h 49m 50s	35	CHAUVET Andre	16m 01s	12,042	4m 59s	M	108	M6M	4 / 8	1560624 Bouszac Running
124	0h 49m 50s	2	ALALINARDE Stéphane	16m 01s	12,042	4m 59s	M	109	M2M	14 / 22	2081883 Bouszac Running
125	qi 0h 49m 55s	143	SCARINGELLA Florence	16m 07s	12,018	5m 00s	F	16	M3F	1 / 5	327586 Leyrenne Ac
126	0h 49m 55s	145	SERISIER Alain	16m 07s	12,018	5m 00s	M	110	M6M	5 / 8	1856025 Glénic Sport Nature
127	0h 50m 12s	122	PARADOUX-BENOIT Ophélie	16m 23s	11,953	5m 01s	F	17	JUF	1 / 1	1328927 Sam Gueret
128	0h 50m 12s	42	COUTURIER Jeremy	16m 23s	11,953	5m 01s	M	111	M0M	10 / 15	
129	0h 50m 22s	99	LE GALLIARD Frédéric	16m 33s	11,913	5m 02s	M	112	M1M	15 / 22	
130	0h 50m 26s	95	LARRIERE Arnaud	16m 37s	11,896	5m 03s	M	113	M1M	16 / 22	1966743 Glénic Sport Nature
131	0h 50m 36s	80	GUYONNET Pascal	16m 47s	11,857	5m 04s	M	114	M3M	16 / 22	1755147 Glénic Sport Nature
132	0h 50m 39s	223	GAUCHER Didier	16m 50s	11,845	5m 04s	M	115	M5M	7 / 12	
133	0h 50m 42s	146	SIMON Bruno	16m 54s	11,833	5m 04s	M	116	M5M	8 / 12	1755149 Glénic Sport Nature
134	0h 50m 47s	4	ARCHASSAL Blandine	16m 58s	11,814	5m 05s	F	18	SEF	3 / 13	
135	0h 50m 49s	178	JOLIVET Laurent	17m 00s	11,808	5m 05s	M	117	M1M	17 / 22	
136	0h 50m 51s	71	GAZONNAUD Alexandre	17m 02s	11,801	5m 05s	M	118	M0M	11 / 15	2175955 Glénic Sport Nature
137	0h 50m 53s	201	VIALE Christophe	17m 04s	11,791	5m 05s	M	119	M2M	15 / 22	
138	0h 51m 00s	155	BOUET Mathieu	17m 12s	11,763	5m 06s	M	120	M1M	18 / 22	432913
139	0h 51m 02s	79	GUERRIER Claude	17m 14s	11,756	5m 06s	M	121	M4M	7 / 9	
140	0h 51m 06s	196	MONTMARTIN Brice	17m 17s	11,743	5m 07s	M	122	M2M	16 / 22	2049789 Sam Gueret
141	0h 51m 08s	153	VILLIERS Stephane	17m 19s	11,735	5m 07s	M	123	M2M	17 / 22	1904476 Gouzon Court
142	0h 51m 12s	152	VERGOZ Anne Catherine	17m 23s	11,720	5m 07s	F	19	M1F	7 / 12	1755151 Glénic Sport Nature
143	0h 51m 12s	102	LEGER Jean-Paul	17m 23s	11,720	5m 07s	M	124	M6M	6 / 8	1737191 Glénic Sport Nature
144	0h 51m 16s	65	GALLITRE Gérard	17m 27s	11,705	5m 08s	M	125	M5M	9 / 12	367017 Bouszac Running
145	0h 51m 20s	220	LAURIER Benoit	17m 32s	11,687	5m 08s	M	126	M1M	19 / 22	
146	0h 51m 48s	51	DUBIS Karine	18m 00s	11,582	5m 11s	F	20	M2F	1 / 8	
147	0h 51m 55s	69	GAVORY Patrice	18m 07s	11,555	5m 12s	M	127	M4M	8 / 9	1755146 Glénic Sport Nature
148	0h 52m 06s	225	RICARDON Marie-Julie	18m 17s	11,518	5m 13s	F	21	M0F	8 / 11	
149	0h 52m 16s	34	CHANUDET Véronique	18m 27s	11,479	5m 14s	F	22	SEF	4 / 13	
150	0h 52m 20s	126	PINEAU Nicolas	18m 32s	11,464	5m 14s	M	128	SEM	23 / 24	2166475 Us Aigrefeuille Athlétisme



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151	0h 52m 28s	222	GAUCHER Didier	18m 40s	11,434	5m 15s	M	129	M5M	10 / 12	
152	0h 52m 44s	86	JAILLET Sébastien	18m 55s	11,378	5m 16s	M	130	M2M	18 / 22	
153	0h 53m 03s	106	LUREAU Emilie	19m 14s	11,309	5m 18s	F	23	SEF	5 / 13	
154	0h 53m 11s	191	FAUETTE Thierry	19m 22s	11,283	5m 19s	M	131	M3M	17 / 22	
155	0h 53m 15s	24	BOURSAUD Christelle	19m 26s	11,268	5m 19s	F	24	M3F	2 / 5	2173444 Bousac Running
156	0h 53m 16s	45	DEBELLUT Carine	19m 28s	11,262	5m 20s	F	25	M1F	8 / 12	Aixe Running Club 87
157	0h 53m 23s	206	ALLIN Benjamin	19m 35s	11,238	5m 20s	M	132	M1M	20 / 22	
158	0h 53m 27s	55	DUCAROIX Marine	19m 38s	11,226	5m 21s	F	26	SEF	6 / 13	Bousac Running
159	0h 53m 36s	57	FAUGÈRE Claire	19m 47s	11,194	5m 22s	F	27	SEF	7 / 13	2182236 Ea Aubusson
160	0h 53m 40s	202	ROCHE Valerie	19m 51s	11,182	5m 22s	F	28	M3F	3 / 5	CE SAFRAN
161	0h 53m 40s	39	CHOLIN Thierry	19m 51s	11,182	5m 22s	M	133	M3M	18 / 22	1863280 Bousac Running
162	0h 53m 48s	93	LALANDE Corinne	19m 59s	11,153	5m 23s	F	29	M2F	2 / 8	380457 Amitie Nature Montlucon
163	0h 53m 51s	183	PLUYAUD Jean-Francois	20m 02s	11,143	5m 23s	M	134	M2M	19 / 22	101360 Glénic Sport Nature
164	0h 53m 55s	103	LEGRIFON Solveig	20m 06s	11,128	5m 24s	F	30	M1F	9 / 12	
165	0h 54m 03s	53	DUCAROIX Corinne	20m 14s	11,102	5m 24s	F	31	M3F	4 / 5	Bousac Running
166	0h 54m 30s	63	GAILLARD Sandrine	20m 41s	11,009	5m 27s	F	32	M2F	3 / 8	Glénic Sport Nature
167	0h 54m 36s	218	SCAFONE Dominique	20m 47s	10,990	5m 28s	M	135	M5M	11 / 12	634512
168	0h 54m 41s	213	GIBARD GROBAUD Christophe	20m 52s	10,972	5m 28s	M	136	M3M	19 / 22	
169	0h 54m 53s	226	ROCHET Lucie	21m 04s	10,932	5m 29s	F	33	SEF	8 / 13	
170	0h 55m 20s	27	BOUZID Sahad	21m 31s	10,843	5m 32s	M	137	M1M	21 / 22	
171	0h 55m 24s	221	AVIGNON Stephanie	21m 35s	10,831	5m 32s	F	34	M2F	4 / 8	1579106 Sam Gueret
172	0h 55m 24s	227	CHATONNET Bernrd	21m 35s	10,831	5m 32s	M	138	M1M	22 / 22	1474955 Leyrenne Ac
173	0h 55m 26s	60	FOURNIER Jérôme	21m 37s	10,823	5m 33s	M	139	M0M	12 / 15	
174	0h 55m 28s	38	CHOLIN Christine	21m 39s	10,817	5m 33s	F	35	M3F	5 / 5	2070946 Bousac Running
175	0h 55m 30s	170	CARENTON Jerome	21m 41s	10,811	5m 33s	M	140	M2M	20 / 22	2165836 Glénic Sport Nature
176	0h 55m 46s	31	CADRO Stephanie	21m 57s	10,760	5m 35s	F	36	M0F	9 / 11	2233064 Eaa
177	0h 55m 54s	43	COUTURIER Marie	22m 05s	10,734	5m 35s	F	37	M0F	10 / 11	
178	0h 55m 56s	58	FERRARI Agathe	22m 07s	10,728	5m 36s	F	38	SEF	9 / 13	
179	0h 56m 17s	112	MERCIER-BERVALLE Isabelle	22m 28s	10,660	5m 38s	F	39	M2F	5 / 8	
180	0h 56m 17s	113	MERCIER-BERVALLE Laurent	22m 28s	10,660	5m 38s	M	141	M3M	20 / 22	



La 10 Gouzon (10 km) - 215 arrivants (60 Femmes - 155 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe	Âge	Catégorie	Licence	Club/Equipe/Assoc./Ent.
181	0h 56m 22s	36	CHAUVET Sylvie	22m 33s	10,644	5m 38s	F	40	M4F	1 / 4	1560625 Bouszac Running
182	0h 56m 25s	195	REBEIX Evelyne	22m 36s	10,636	5m 38s	F	41	M4F	2 / 4	1755155 Glénic Sport Nature
183	0h 56m 27s	144	SCEVOLA Karine	22m 39s	10,628	5m 39s	F	42	M1F	10 / 12	
184	0h 56m 32s	142	SALLET Katy	22m 44s	10,612	5m 39s	F	43	M2F	6 / 8	Orpi Run
185	0h 56m 48s	10	AVIGNON Alice	23m 00s	10,562	5m 41s	F	44	ESF	1 / 2	
186	0h 56m 53s	132	QUATREVAUX Ambre	23m 04s	10,549	5m 41s	F	45	SEF	10 / 13	2240968 Bouszac Running
187	0h 57m 05s	72	GERBAL Sylvain	23m 16s	10,511	5m 43s	M	142	M0M	13 / 15	1461365 Bouszac Running
188	0h 57m 39s	6	AUBERT Julien	23m 51s	10,407	5m 46s	M	143	M0M	14 / 15	
189	0h 57m 42s	187	LOUIS Aurelie	23m 53s	10,399	5m 46s	F	46	SEF	11 / 13	
190	0h 57m 50s	109	MARTIN Sandrine	24m 01s	10,376	5m 47s	F	47	M2F	7 / 8	1280676 Km 42 St Just Le Martel
191	0h 58m 16s	128	POMPIER Pierre	24m 28s	10,297	5m 50s	M	144	M3M	21 / 22	
192	0h 58m 16s	182	MILLS Cendrine	24m 28s	10,297	5m 50s	F	48	M1F	11 / 12	
193	0h 58m 28s	33	CARTE Bernard	24m 39s	10,263	5m 51s	M	145	M8M	1 / 1	Bouszac Running
194	0h 58m 33s	29	BRIVOT Anne-Claire	24m 44s	10,247	5m 51s	F	49	SEF	12 / 13	2173446 Bouszac Running
195	0h 58m 46s	30	BRUNET Marjorie	24m 58s	10,209	5m 53s	F	50	M0F	11 / 11	
196	0h 59m 10s	54	DUCAROIX Fabrice	25m 22s	10,140	5m 55s	M	146	M3M	22 / 22	Bouszac Running
197	0h 59m 10s	136	RENÉ Amélie	25m 22s	10,140	5m 55s	F	51	ESF	2 / 2	2173448 Glénic Sport Nature
198	0h 59m 26s	172	COX Sandra	25m 37s	10,095	5m 57s	F	52	M5F	1 / 1	
199	0h 59m 28s	180	GORE Nigel	25m 39s	10,089	5m 57s	M	147	M4M	9 / 9	
200	0h 59m 28s	47	DESTAILLEUR Nicole	25m 39s	10,089	5m 57s	F	53	M6F	1 / 1	2010397 Montluçon Athlétisme
201	1h 00m 14s	82	HEBERT Didier	26m 25s	9,961	6m 01s	M	148	M6M	7 / 8	214903 Glénic Sport Nature
202	1h 00m 39s	232	CHANUDET Florent	26m 51s	9,892	6m 04s	M	149	M0M	15 / 15	
203	1h 00m 50s	156	BLANC Lydie	27m 01s	9,864	6m 05s	F	54	M4F	3 / 4	
204	1h 01m 19s	163	MERAUD Aliette	27m 30s	9,786	6m 08s	F	55	CAF	1 / 2	
205	1h 01m 30s	162	MERAUD Corinne	27m 41s	9,757	6m 09s	F	56	M2F	8 / 8	
206	1h 01m 32s	157	CONPERE Regis	27m 44s	9,750	6m 09s	M	150	M2M	21 / 22	
207	1h 02m 11s	70	GAZET Fanny	28m 22s	9,649	6m 13s	F	57	SEF	13 / 13	
208	1h 02m 52s	26	BOURVELLEC Marien	29m 03s	9,543	6m 17s	M	151	JUM	7 / 7	
209	1h 06m 27s	141	SALLET Alain	32m 39s	9,028	6m 39s	M	152	M6M	8 / 8	
210	1h 06m 35s	117	NICOLAS Anna	32m 47s	9,010	6m 40s	F	58	CAF	2 / 2	



La 10 Gouzon (10 km) - 215 arrivants (60 Femmes - 155 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Licence	Club/Equipe/Assoc./Ent.
211	1h 08m 52s	77	GRAY Oliver	35m 03s	8,713	6m 53s	M	153	SEM	24 / 24	
212	1h 08m 52s	78	GREAVES Nicola	35m 03s	8,713	6m 53s	F	59	M4F	4 / 4	
213	1h 09m 38s	123	PERON Patrick	35m 50s	8,616	6m 58s	M	154	M5M	12 / 12	
214	1h 09m 38s	84	HIRAULT Laurent	35m 50s	8,616	6m 58s	M	155	M2M	22 / 22	
215	1h 12m 57s	205	ALLIN Severine	39m 08s	8,226	7m 18s	F	60	M1F	12 / 12	