



10 Km (10 km) - 181 arrivants (42 Femmes - 139 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe	Catégorie	Club/Equipe/Assoc./Ent.
1	0h 38m 12s	49	D ARCANGELO Adrien	-	15,705	3m 49s	M	1 ESM	1 / 6 Asppt Clermont Athletisme
2	0h 38m 57s	54	DEVROUTE Jean-Luc	0m 44s	15,407	3m 54s	M	2 V2M	1 / 34 Uspc Commentry
3	0h 39m 18s	79	HIDEUX Maxime	1m 05s	15,270	3m 56s	M	3 SEM	1 / 30 Us La Châtre Athlétisme
4	0h 39m 39s	113	MOUSSU Théo	1m 26s	15,135	3m 58s	M	4 JUM	1 / 2 Ac La Roche Sur Yon
5	0h 39m 46s	110	MEUROU David	1m 33s	15,090	3m 59s	M	5 V1M	1 / 41 Endurance 23
6	0h 40m 32s	194	LAVAUGAUTHIER Patrice	2m 19s	14,805	4m 03s	M	6 SEM	2 / 30 Endurance 23
7	0h 41m 05s	171	RAZET Vivien	2m 53s	14,605	4m 06s	M	7 SEM	3 / 30 Glénic Sport Nature
8	0h 41m 34s	3	AUCLAIR Guillaume	3m 21s	14,436	4m 09s	M	8 SEM	4 / 30 Glénic Sport Nature
9	0h 42m 11s	50	DALBY Alexandre	3m 59s	14,221	4m 13s	M	9 SEM	5 / 30 Co-km 42 St Just Le Martel
10	0h 42m 24s	42	CHAZETTE Clément	4m 12s	14,149	4m 14s	M	10 ESM	2 / 6
11	0h 42m 41s	60	DUPONT Olivier	4m 29s	14,056	4m 16s	M	11 V1M	2 / 41 Sam Guéret
12	0h 42m 51s	154	VEDIE Cyril	4m 39s	14,003	4m 17s	M	12 SEM	6 / 30 Fvp Boussac
13	0h 43m 05s	103	LOISEL Guilhem	4m 53s	13,927	4m 18s	M	13 SEM	7 / 30 Saleve Trail
14	0h 43m 16s	43	CHEVALIER Frederic	5m 03s	13,870	4m 20s	M	14 V2M	2 / 34 Us La Châtre Athlétisme
15	0h 43m 34s	33	CARPENTIER Christophe	5m 21s	13,773	4m 21s	M	15 V1M	3 / 41 Sam Guéret
16	0h 43m 46s	163	TERRET Stephane	5m 34s	13,707	4m 23s	M	16 SEM	8 / 30 Fvp Boussac
17	0h 43m 52s	9	BARRÉ Lionel	5m 40s	13,679	4m 23s	M	17 V1M	4 / 41 Fvp Boussac
18	0h 43m 52s	101	LINDRON Guillaume	5m 40s	13,676	4m 23s	M	18 V1M	5 / 41 Amitié Nature Montluçon
19	0h 44m 05s	14	BIGOURET Anthony	5m 53s	13,610	4m 25s	M	19 SEM	9 / 30
20	0h 44m 37s	23	BOUDEAUD Joan	6m 24s	13,450	4m 28s	M	20 SEM	10 / 30 Amitié Nature Montluçon
21	0h 45m 51s	92	LAURENT Eric	7m 39s	13,087	4m 35s	M	21 V1M	6 / 41 Amitié Nature Montluçon
22	0h 45m 52s	193	VERDEAU Guillaume	7m 40s	13,080	4m 35s	M	22 V1M	7 / 41
23	0h 46m 36s	167	AHMED Abras	8m 24s	12,876	4m 40s	M	23 SEM	11 / 30 Glénic Sport Nature
24	0h 46m 55s	27	BOURSAUD Franck	8m 43s	12,789	4m 41s	M	24 V2M	3 / 34 Fvp Boussac
25	0h 46m 55s	55	DRILLET Mathieu	8m 43s	12,787	4m 42s	M	25 SEM	12 / 30 Us La Châtre Athlétisme
26	0h 47m 07s	137	RAYMOND Cyrille	8m 54s	12,736	4m 43s	M	26 V1M	8 / 41 Leyrenne Athletic Club
27	0h 47m 25s	11	BEAUCHET Remi	9m 12s	12,655	4m 44s	M	27 SEM	13 / 30
28	0h 47m 34s	83	KEDZIA Francis	9m 21s	12,615	4m 45s	M	28 V1M	9 / 41 Amitié Nature Montluçon
29	0h 47m 40s	112	MICHON Morgan	9m 28s	12,587	4m 46s	M	29 SEM	14 / 30
30	0h 47m 40s	66	FRAPPAT Olivier	9m 28s	12,587	4m 46s	M	30 V1M	10 / 41
31	0h 47m 44s	131	QUILLET Remi	9m 32s	12,570	4m 46s	M	31 CAM	1 / 3
32	0h 48m 02s	162	BARTHOLEMY Jean-Marie	9m 50s	12,490	4m 48s	M	32 V2M	4 / 34 Fvp Boussac
33	0h 48m 31s	183	GUYONNET Sebastien	10m 19s	12,365	4m 51s	M	33 V1M	11 / 41 Gouz'on Court
34	0h 48m 41s	10	BAYLOT Jean François	10m 28s	12,327	4m 52s	M	34 V1M	12 / 41 Mdesign 03
35	0h 48m 42s	188	PELLETIER Philippe	10m 30s	12,320	4m 52s	M	35 V1M	13 / 41
36	0h 48m 53s	176	GASNET Victor	10m 41s	12,273	4m 53s	M	36 ESM	3 / 6 Glénic Sport Nature
37	0h 49m 04s	18	BONNAIRE Arnold	10m 52s	12,227	4m 54s	M	37 SEM	15 / 30 Us La Châtre Athlétisme
38	0h 49m 28s	173	RETY Pascal	11m 16s	12,128	4m 57s	M	38 V1M	14 / 41 Amitié Nature Montluçon
39	0h 49m 44s	148	THURET Philippe	11m 31s	12,065	4m 58s	M	39 V2M	5 / 34 Fvp Boussac
40	0h 49m 50s	105	MAHAUT Patrice	11m 38s	12,040	4m 59s	M	40 V2M	6 / 34 Fvp Boussac



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Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe	Catégorie	Club/Equipe/Assoc./Ent.
41	0h 50m 02s	191	CAUVEL Sebastien	11m 50s	11,993	5m 00s	M	41 SEM	16 / 30
42	0h 50m 07s	177	VERGE Gaetan	11m 54s	11,973	5m 01s	M	42 SEM	17 / 30 Amitié Nature Montluçon
43	0h 50m 22s	169	BOUCHEIX Bruno	12m 10s	11,911	5m 02s	M	43 V2M	7 / 34 Glénic Sport Nature
44	0h 50m 41s	125	PLANCOULAINE Yoan	12m 29s	11,837	5m 04s	M	44 CAM	2 / 3
45	0h 50m 47s	21	BOUCHARD Luc	12m 35s	11,815	5m 05s	M	45 V3M	1 / 21
46	0h 50m 52s	80	JEANNOT Christophe	12m 40s	11,796	5m 05s	M	46 V1M	15 / 41
47	0h 50m 52s	26	BOURRAS Michel	12m 40s	11,794	5m 05s	M	47 V1M	16 / 41 Glénic Sport Nature
48	0h 50m 55s	77	GUILLEMOT Gerald	12m 43s	11,784	5m 05s	M	48 V1M	17 / 41 Glénic Sport Nature
49	0h 50m 59s	81	JEOMEAU Bernard	12m 47s	11,768	5m 06s	M	49 V2M	8 / 34 Coureurs De Fond Deolois
50	0h 51m 01s	181	RANTY Stephane	12m 49s	11,759	5m 06s	M	50 V1M	18 / 41
51	0h 51m 06s	109	MAVIE Blanchette	12m 53s	11,743	5m 07s	F	1 SEF	1 / 9 Amitié Nature Montluçon
52	0h 51m 06s	64	FOUCAUX Eric	12m 54s	11,741	5m 07s	M	51 V2M	9 / 34 Amitié Nature Montluçon
53	0h 51m 38s	185	BANCELIN Dorian	13m 25s	11,621	5m 10s	M	52 SEM	18 / 30
54	0h 51m 45s	153	VANCAUWENBERGUE Thierry	13m 32s	11,596	5m 10s	M	53 V3M	2 / 21 Us La Châtre Athlétisme
55	0h 51m 51s	85	KREMER Grégory	13m 39s	11,571	5m 11s	M	54 V1M	19 / 41
56	0h 52m 23s	158	WILLIAM Julien	14m 11s	11,452	5m 14s	M	55 SEM	19 / 30
57	0h 52m 47s	117	PAQUET Franck	14m 35s	11,366	5m 17s	M	56 V2M	10 / 34 Endurance 23
58	0h 52m 55s	53	DESFORGES Marion	14m 43s	11,337	5m 18s	F	2 SEF	2 / 9 Fvp Boussac
59	0h 53m 05s	115	NAULOT Mathias	14m 53s	11,302	5m 19s	M	57 SEM	20 / 30
60	0h 53m 11s	164	BERTHOU Jacques	14m 58s	11,283	5m 19s	M	58 V3M	3 / 21 Glénic Sport Nature
61	0h 53m 13s	160	YVERNAULT Joel	15m 00s	11,276	5m 19s	M	59 V2M	11 / 34 Fvp Boussac
62	0h 53m 13s	25	BOURGUIGNON Christian	15m 01s	11,274	5m 19s	M	60 V2M	12 / 34 Fvp Boussac
63	0h 53m 14s	89	LAUMAY Jérôme	15m 02s	11,269	5m 19s	M	61 V1M	20 / 41 Gouz'on Court
64	0h 53m 17s	151	VALENTE Christina	15m 05s	11,259	5m 20s	F	3 V1F	1 / 20
65	0h 53m 48s	186	ALALARDE Mathias	15m 35s	11,154	5m 23s	M	62 JUM	2 / 2 Fvp Boussac
66	0h 53m 58s	73	GODIER Stephane	15m 46s	11,118	5m 24s	M	63 V1M	21 / 41 Amitié Nature Montluçon
67	0h 54m 22s	90	LAURENT David	16m 09s	11,038	5m 26s	M	64 V1M	22 / 41 Fvp Boussac
68	0h 54m 24s	120	PIERRE Alain	16m 11s	11,031	5m 26s	M	65 V2M	13 / 34
69	0h 54m 38s	140	RICHARD Patrick	16m 26s	10,983	5m 28s	M	66 V3M	4 / 21
70	0h 54m 44s	166	MARCHI Christophe	16m 32s	10,962	5m 28s	M	67 V1M	23 / 41
71	0h 54m 49s	128	POUPARD Alain	16m 37s	10,946	5m 29s	M	68 V3M	5 / 21 Glénic Sport Nature
72	0h 55m 05s	31	CAILLAUD Christophe	16m 52s	10,894	5m 30s	M	69 V1M	24 / 41
73	0h 55m 09s	178	PAGES Sebastien	16m 57s	10,880	5m 31s	M	70 SEM	21 / 30 Amitié Nature Montluçon
74	0h 55m 20s	39	CHATELAIN Alexandre	17m 08s	10,843	5m 32s	M	71 ESM	4 / 6
75	0h 55m 21s	192	PEYNIN Thierry	17m 08s	10,842	5m 32s	M	72 V2M	14 / 34 Fvp Boussac
76	0h 55m 23s	62	EXBRAYAT Jean Luc	17m 11s	10,834	5m 32s	M	73 V2M	15 / 34 Glénic Sport Nature
77	0h 55m 37s	82	JOMIER Jerome	17m 25s	10,787	5m 34s	M	74 SEM	22 / 30
78	0h 55m 41s	161	DOC Alapene	17m 28s	10,776	5m 34s	M	75 V3M	6 / 21 Fvp Boussac
79	0h 55m 43s	189	CARRAT Daniel	17m 31s	10,768	5m 34s	M	76 V1M	25 / 41 Amitié Nature Montluçon
80	0h 55m 49s	67	GALLITRE Gérard	17m 37s	10,748	5m 35s	M	77 V3M	7 / 21 Fvp Boussac



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81	0h 55m 53s	119	PERILLIAT Julien	17m 41s	10,735	5m 35s	M 78	SEM	23 / 30
82	0h 55m 55s	74	GRANDJEAN Thierry	17m 43s	10,730	5m 36s	M 79	V2M	16 / 34 Fvp Boussac
83	0h 56m 06s	38	CHASSAGNE Jérôme	17m 53s	10,696	5m 37s	M 80	V1M	26 / 41 Glénic Sport Nature
84	0h 56m 16s	143	SERISIER Alain	18m 04s	10,664	5m 38s	M 81	V3M	8 / 21 Glénic Sport Nature
85	0h 56m 25s	69	GALTIER Dominique	18m 13s	10,634	5m 39s	M 82	V2M	17 / 34 Amitié Nature Montluçon
86	0h 56m 30s	17	BLORVILLE Nathalie	18m 17s	10,621	5m 39s	F 4	V2F	1 / 9 Cap 03
87	0h 56m 41s	48	COSTA Joseph	18m 28s	10,586	5m 40s	M 83	V1M	27 / 41 Amitié Nature Montluçon
88	0h 56m 52s	40	CHAUMETTE Bruno	18m 40s	10,551	5m 41s	M 84	SEM	24 / 30 Us La Châtre Athlétisme
89	0h 56m 59s	19	BOTTE Frédéric	18m 47s	10,529	5m 42s	M 85	V3M	9 / 21 Amitié Nature Montluçon
90	0h 57m 00s	179	GUILLOT Jessy	18m 47s	10,527	5m 42s	F 5	SEF	3 / 9 Amitié Nature Montluçon
91	0h 57m 00s	122	PIERRON Dylan	18m 48s	10,525	5m 42s	M 86	ESM	5 / 6
92	0h 57m 02s	172	DURAND Anne-Marie	18m 50s	10,519	5m 42s	F 6	V2F	2 / 9 Us La Châtre Athlétisme
93	0h 57m 26s	6	BACTO Alix	19m 14s	10,446	5m 45s	M 87	V2M	18 / 34 Montluçon Athlétisme
94	0h 57m 47s	78	GUYONNET Pascal	19m 34s	10,385	5m 47s	M 88	V2M	19 / 34 Glénic Sport Nature
95	0h 57m 54s	187	AUROY Catherine	19m 41s	10,363	5m 47s	F 7	V1F	2 / 20 Fvp Boussac
96	0h 57m 54s	130	PRADEAU Jean	19m 42s	10,361	5m 47s	M 89	V3M	10 / 21 Leyrenne Athletic Club
97	0h 58m 00s	32	CAMESCASSE Stéphanie	19m 48s	10,344	5m 48s	F 8	V1F	3 / 20 Fvp Boussac
98	0h 58m 11s	84	KHALLOUKY Bouchaib	19m 59s	10,313	5m 49s	M 90	V1M	28 / 41 Glénic Sport Nature
99	0h 58m 12s	123	PIOCHE Clément	19m 59s	10,311	5m 49s	M 91	ESM	6 / 6
100	0h 58m 13s	58	DUFREGNE Laurent	20m 01s	10,305	5m 49s	M 92	V2M	20 / 34 Us La Châtre Athlétisme
101	0h 58m 17s	63	FILOMENA Laurent	20m 05s	10,293	5m 50s	M 93	V1M	29 / 41
102	0h 58m 21s	124	PIOCHE Thierry	20m 09s	10,283	5m 50s	M 94	V2M	21 / 34 Fvp Boussac
103	0h 58m 23s	180	BOUDEAUD Joel	20m 11s	10,277	5m 50s	M 95	V3M	11 / 21
104	0h 58m 27s	165	MEUNIER Christophe	20m 15s	10,264	5m 51s	M 96	V1M	30 / 41
105	0h 58m 30s	24	BOURET Gilles	20m 18s	10,256	5m 51s	M 97	V3M	12 / 21 Fvp Boussac
106	0h 58m 36s	95	LEGER Jean-Paul	20m 23s	10,240	5m 52s	M 98	V3M	13 / 21 Glénic Sport Nature
107	0h 58m 45s	114	NATTIER Julien	20m 33s	10,212	5m 53s	M 99	SEM	25 / 30
108	0h 58m 48s	116	NEYRET Franck	20m 35s	10,205	5m 53s	M 100	V1M	31 / 41
109	0h 58m 53s	168	CRETIN Celine	20m 41s	10,190	5m 53s	F 9	V1F	4 / 20 Sam Guéret
110	0h 59m 36s	47	CLAVAUD José	21m 24s	10,068	5m 58s	M 101	V3M	14 / 21 Us La Châtre Athlétisme
111	0h 59m 44s	13	BERGER Jean Noel	21m 32s	10,044	5m 58s	M 102	V3M	15 / 21 Amitié Nature Montluçon
112	1h 00m 09s	132	QUILLET Thibaut	21m 57s	9,975	6m 01s	M 103	CAM	3 / 3
113	1h 00m 18s	28	BOURSAUD Christelle	22m 06s	9,949	6m 02s	F 10	V1F	5 / 20 Fvp Boussac
114	1h 00m 28s	170	PIQUET Olivier	22m 16s	9,922	6m 03s	M 104	V1M	32 / 41
115	1h 00m 30s	155	VERGOZ Anne Catherine	22m 18s	9,916	6m 03s	F 11	V1F	6 / 20 Glénic Sport Nature
116	1h 00m 38s	70	GAUMET Emilie	22m 26s	9,896	6m 04s	F 12	SEF	4 / 9
117	1h 00m 59s	146	SIMON Bruno	22m 47s	9,838	6m 06s	M 105	V2M	22 / 34 Glénic Sport Nature
118	1h 01m 19s	195	DUPLOMB Sylvain	23m 07s	9,785	6m 08s	M 106	V1M	33 / 41
119	1h 01m 31s	104	LONC Didier	23m 19s	9,754	6m 09s	M 107	V2M	23 / 34 Fvp Boussac
120	1h 01m 34s	51	DE ABREU Fabienne	23m 22s	9,745	6m 09s	F 13	V1F	7 / 20



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121	1h 01m 35s	68	GALTIER Christelle	23m 22s	9,744	6m 09s	F	14	V1F	8 / 20	Amitié Nature Montluçon
122	1h 01m 41s	44	CHEVALIER Sonia	23m 29s	9,727	6m 10s	F	15	V1F	9 / 20	Us La Châtre Athlétisme
123	1h 01m 46s	111	MICHON Marc	23m 34s	9,713	6m 11s	M	108	SEM	26 / 30	
124	1h 01m 58s	22	BOUCHARD Véronique	23m 46s	9,683	6m 12s	F	16	V3F	1 / 4	
125	1h 02m 03s	86	LACAUD Véronique	23m 51s	9,670	6m 12s	F	17	V2F	3 / 9	Glénic Sport Nature
126	1h 02m 09s	150	TRONQUET Mathieu	23m 56s	9,655	6m 13s	M	109	SEM	27 / 30	Montluçon Athlétisme
127	1h 02m 09s	52	DEMATEIS Elsa	23m 57s	9,654	6m 13s	F	18	SEF	5 / 9	Montluçon Athlétisme
128	1h 02m 10s	97	LEROY Mathieu	23m 58s	9,652	6m 13s	M	110	SEM	28 / 30	Montluçon Athlétisme
129	1h 02m 13s	147	SOULAT Thierry	24m 01s	9,643	6m 13s	M	111	V2M	24 / 34	
130	1h 02m 14s	197	CUTARD Bruno	24m 01s	9,642	6m 13s	M	112	V2M	25 / 34	
131	1h 02m 14s	141	RIOTTE Patrice	24m 02s	9,640	6m 13s	M	113	V2M	26 / 34	Vtt Argentonnais De
132	1h 02m 15s	76	GUERY Fabrice	24m 03s	9,639	6m 14s	M	114	V1M	34 / 41	Asptt
133	1h 02m 18s	127	PLUYAUD Jean Francois	24m 05s	9,632	6m 14s	M	115	V1M	35 / 41	
134	1h 02m 38s	152	VALERO Nathalie	24m 25s	9,581	6m 16s	F	19	V1F	10 / 20	Amitié Nature Montluçon
135	1h 03m 18s	4	AUDIN Jerome	25m 06s	9,479	6m 20s	M	116	V1M	36 / 41	
136	1h 03m 25s	174	MICARD Patrick	25m 13s	9,461	6m 21s	M	117	V1M	37 / 41	
137	1h 04m 02s	35	CESTAC Lydia	25m 50s	9,369	6m 24s	F	20	V2F	4 / 9	Coueurs De Fond Deolois
138	1h 04m 05s	149	TRIBET Christophe	25m 53s	9,362	6m 25s	M	118	V1M	38 / 41	Us La Châtre Athlétisme
139	1h 04m 22s	145	SERRET Emmanuel	26m 10s	9,321	6m 26s	M	119	V2M	27 / 34	Amitié Nature Montluçon
140	1h 04m 40s	118	PATISSIER Christiane	26m 28s	9,277	6m 28s	F	21	V3F	2 / 4	Glénic Sport Nature
141	1h 04m 44s	37	CHANIER Laetitia	26m 32s	9,269	6m 28s	F	22	V1F	11 / 20	Amitié Nature Montluçon
142	1h 04m 45s	30	BRUNET Olivier	26m 32s	9,267	6m 28s	M	120	V1M	39 / 41	
143	1h 04m 51s	46	CHOLIN Lucile	26m 38s	9,253	6m 29s	F	23	SEF	6 / 9	Fvp Boussac
144	1h 04m 51s	56	DUCAROIX Corinne	26m 39s	9,251	6m 29s	F	24	V1F	12 / 20	Fvp Boussac
145	1h 05m 01s	59	DUPONT Georges	26m 49s	9,228	6m 30s	M	121	V3M	16 / 21	Sam Guéret
146	1h 05m 11s	126	PLISSON Claire	26m 59s	9,205	6m 31s	F	25	V1F	13 / 20	Us La Châtre Athlétisme
147	1h 05m 20s	133	RABATE Jean-Bernard	27m 08s	9,183	6m 32s	M	122	V2M	28 / 34	
148	1h 05m 21s	142	ROCHE Valérie	27m 09s	9,181	6m 32s	F	26	V2F	5 / 9	
149	1h 05m 56s	36	CEYRAT Eric	27m 44s	9,100	6m 36s	M	123	V2M	29 / 34	
150	1h 06m 50s	156	VILLATTE Elodie	28m 38s	8,977	6m 41s	F	27	SEF	7 / 9	
151	1h 06m 55s	7	BADDI Omar	28m 43s	8,966	6m 42s	M	124	V2M	30 / 34	
152	1h 07m 07s	98	LESCHER Pascal	28m 55s	8,939	6m 43s	M	125	V2M	31 / 34	
153	1h 07m 23s	88	LALANDE Corinne	29m 11s	8,904	6m 44s	F	28	V1F	14 / 20	Amitié Nature Montluçon
154	1h 07m 33s	107	MALDENT Pascal	29m 21s	8,882	6m 45s	M	126	V3M	17 / 21	
155	1h 08m 10s	190	LORCERY Gilles	29m 58s	8,802	6m 49s	M	127	V3M	18 / 21	
156	1h 08m 26s	138	REBEIX Evelyne	30m 13s	8,769	6m 51s	F	29	V2F	6 / 9	Glénic Sport Nature
157	1h 08m 37s	184	BANCELIN Celine	30m 25s	8,744	6m 52s	F	30	SEF	8 / 9	
158	1h 08m 38s	175	BARANGER Fabien	30m 26s	8,742	6m 52s	M	128	SEM	29 / 30	
159	1h 08m 46s	87	LAGARDE Michel	30m 34s	8,724	6m 53s	M	129	V3M	19 / 21	
160	1h 09m 01s	182	NOUAILLE Lucie	30m 49s	8,693	6m 54s	F	31	V1F	15 / 20	Glénic Sport Nature



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161	1h 09m 19s	45	CHOLIN Christine	31m 07s	8,656	6m 56s	F 32	V2F 7 / 9	Fvp Boussac
162	1h 09m 22s	29	BOYER Jean Pierre	31m 10s	8,649	6m 56s	M 130	V4M 1 / 2	Us La Châtre Athlétisme
163	1h 09m 26s	75	GUERLOU Bernard	31m 14s	8,642	6m 57s	M 131	V4M 2 / 2	Glénic Sport Nature
164	1h 09m 50s	108	MATOU Jules	31m 38s	8,591	6m 59s	M 132	V3M 20 / 21	Amitié Nature Montluçon
165	1h 10m 20s	106	MALAURENT Eric	32m 07s	8,531	7m 02s	M 133	V3M 21 / 21	Cap 03
166	1h 10m 51s	93	LECHER Patrick	32m 38s	8,469	7m 05s	M 134	V2M 32 / 34	
167	1h 11m 11s	196	COULANJON Olivier	32m 59s	8,428	7m 07s	M 135	V1M 40 / 41	
168	1h 11m 20s	20	BOTTET Géraldine	33m 08s	8,410	7m 08s	F 33	V1F 16 / 20	Gouz'on Court
169	1h 11m 34s	16	BLERON Francine	33m 21s	8,384	7m 09s	F 34	V3F 3 / 4	Fvp Boussac
170	1h 12m 08s	136	RABRET Pascal	33m 55s	8,318	7m 13s	M 136	V2M 33 / 34	Amitié Nature Montluçon
171	1h 13m 14s	157	VINCENT Valerie	35m 02s	8,192	7m 19s	F 35	V1F 17 / 20	Amitié Nature Montluçon
172	1h 14m 33s	121	PIERRE Odette	36m 21s	8,048	7m 27s	F 36	V2F 8 / 9	
173	1h 14m 50s	139	RICHARD Marie Christine	36m 38s	8,017	7m 29s	F 37	V3F 4 / 4	Amitié Nature Montluçon
174	1h 15m 23s	61	DURET Céline	37m 11s	7,960	7m 32s	F 38	V1F 18 / 20	
175	1h 16m 03s	2	ALBERT Cécile	37m 51s	7,889	7m 36s	F 39	V1F 19 / 20	
176	1h 16m 04s	12	BENETON Laëtitia	37m 52s	7,887	7m 36s	F 40	SEF 9 / 9	Cap 03
177	1h 16m 17s	15	BIMAS Pascal	38m 04s	7,866	7m 38s	M 137	V1M 41 / 41	Leyrenne Athletic Club
178	1h 18m 52s	1	ADAM Marie	40m 39s	7,608	7m 53s	F 41	V2F 9 / 9	Glénic Sport Nature
179	1h 19m 46s	72	GERBAL Sylvain	41m 33s	7,523	7m 59s	M 138	SEM 30 / 30	Fvp Boussac
180	1h 19m 48s	57	DUCAROIX Fabrice	41m 36s	7,518	7m 59s	M 139	V2M 34 / 34	Fvp Boussac
181	1h 20m 05s	135	RABRET Catherine	41m 53s	7,492	8m 01s	F 42	V1F 20 / 20	Amitié Nature Montluçon