



## La 10 Gouzon (10 km) - 155 arrivants (34 Femmes - 121 Hommes)

| Place | Temps      | Dossards | Participants          | Ecart  | Km/H   | Tps/Km | Sexe | Catégorie | Club/Equipe/Assoc./Ent.                      |
|-------|------------|----------|-----------------------|--------|--------|--------|------|-----------|--|
| 1     | 0h 34m 26s | 61       | LEMOINE Matthieu      | -      | 17,427 | 3m 27s | M    | 1 SEM     | 1 / 30 S/I Us Populaire Commentry Athlétisme |
| 2     | 0h 35m 05s | 144      | MEUROU David          | 0m 39s | 17,102 | 3m 31s | M    | 2 V1M     | 1 / 36 Endurance 23                          |
| 3     | 0h 35m 39s | 5        | AUCLAIR Guillaume     | 1m 13s | 16,834 | 3m 34s | M    | 3 SEM     | 2 / 30 Glénic Sport Nature                   |
| 4     | 0h 36m 04s | 122      | DEVROUTE Jean-Luc     | 1m 38s | 16,636 | 3m 36s | M    | 4 V2M     | 1 / 25 USP Commentry                         |
| 5     | 0h 36m 06s | 25       | CHAZETTE Clément      | 1m 40s | 16,620 | 3m 37s | M    | 5 SEM     | 3 / 30 Racing Club Vichy Athlétisme          |
| 6     | 0h 36m 42s | 91       | RAZET Vivien          | 2m 16s | 16,347 | 3m 40s | M    | 6 SEM     | 4 / 30 Glénic Sport Nature                   |
| 7     | 0h 37m 11s | 22       | CARPENTIER Christophe | 2m 45s | 16,136 | 3m 43s | M    | 7 V1M     | 2 / 36 SAM Guéret                            |
| 8     | 0h 37m 20s | 57       | LAVAUGAUTIER Patrice  | 2m 54s | 16,073 | 3m 44s | M    | 8 SEM     | 5 / 30 Endurance 23                          |
| 9     | 0h 37m 29s | 118      | GOUNY Nicolas         | 3m 03s | 16,007 | 3m 45s | M    | 9 V1M     | 3 / 36 SAM Guéret                            |
| 10    | 0h 37m 49s | 79       | PENARD Sébastien      | 3m 23s | 15,866 | 3m 47s | M    | 10 SEM    | 6 / 30 Team Évaux-les-Bains Triathlon        |
| 11    | 0h 38m 10s | 106      | TESTIER David         | 3m 44s | 15,721 | 3m 49s | M    | 11 V1M    | 4 / 36                                       |
| 12    | 0h 38m 13s | 90       | RAYMOND Killian       | 3m 47s | 15,700 | 3m 49s | M    | 12 CAM    | 1 / 6 Leyrenne AC                            |
| 13    | 0h 38m 47s | 17       | BOURRAS David         | 4m 21s | 15,471 | 3m 53s | M    | 13 V2M    | 2 / 25 Glénic Sport Nature                   |
| 14    | 0h 38m 52s | 11       | BERGE Christophe      | 4m 26s | 15,441 | 3m 53s | M    | 14 V2M    | 3 / 25 Leyrenne AC                           |
| 15    | 0h 38m 54s | 80       | PETITJEAN Cedric      | 4m 28s | 15,422 | 3m 53s | M    | 15 V1M    | 5 / 36 Aut Cyclisme                          |
| 16    | 0h 38m 58s | 3        | ALANORD Nicolas       | 4m 32s | 15,398 | 3m 54s | M    | 16 SEM    | 7 / 30                                       |
| 17    | 0h 39m 27s | 103      | TARDY Emile           | 5m 01s | 15,210 | 3m 57s | M    | 17 CAM    | 2 / 6 SAM Triathlon Guéret                   |
| 18    | 0h 39m 49s | 139      | DURANTON Alexis       | 5m 23s | 15,070 | 3m 59s | M    | 18 SEM    | 8 / 30                                       |
| 19    | 0h 39m 54s | 88       | QUEHEN Florent        | 5m 28s | 15,039 | 3m 59s | M    | 19 SEM    | 9 / 30                                       |
| 20    | 0h 40m 01s | 149      | DESRUES Loic          | 5m 35s | 14,996 | 4m 00s | M    | 20 SEM    | 10 / 30                                      |
| 21    | 0h 40m 02s | 74       | NORRE Yoan            | 5m 36s | 14,988 | 4m 00s | M    | 21 SEM    | 11 / 30                                      |
| 22    | 0h 40m 19s | 89       | RAYMOND Cyrille       | 5m 53s | 14,885 | 4m 02s | M    | 22 V1M    | 6 / 36 Leyrenne AC                           |
| 23    | 0h 40m 20s | 18       | BOURRAS Ludovic       | 5m 54s | 14,876 | 4m 02s | M    | 23 SEM    | 12 / 30 SAM Guéret                           |
| 24    | 0h 40m 24s | 68       | MAYER WEILER Laurent  | 5m 58s | 14,853 | 4m 02s | M    | 24 V1M    | 7 / 36 Dynamik                               |
| 25    | 0h 40m 30s | 136      | BARDON Fabio          | 6m 04s | 14,814 | 4m 03s | M    | 25 CAM    | 3 / 6  |
| 26    | 0h 40m 33s | 112      | ZERYOUH Samy          | 6m 07s | 14,799 | 4m 03s | M    | 26 JUM    | 1 / 1 SAM Guéret                             |
| 27    | 0h 41m 05s | 1        | ALALINARDE Mathias    | 6m 39s | 14,606 | 4m 06s | M    | 27 ESM    | 1 / 3 FVP Boussac                            |
| 28    | 0h 41m 09s | 81       | PICOURET Stephane     | 6m 43s | 14,581 | 4m 07s | M    | 28 SEM    | 13 / 30 SAM Guéret                           |
| 29    | 0h 41m 20s | 62       | LIMOGES Christophe    | 6m 54s | 14,517 | 4m 08s | M    | 29 V2M    | 4 / 25 Team Free Run                         |
| 30    | 0h 41m 25s | 141      | GUYONNET Sebastien    | 6m 59s | 14,486 | 4m 09s | M    | 30 V1M    | 8 / 36 Gouz'on Court                         |



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| Place | Temps      | Dossards | Participants           | Ecart   | Km/H   | Tps/Km | Sexe | Catégorie   | Club/Equipe/Assoc./Ent.        |
|-------|------------|----------|------------------------|---------|--------|--------|------|-------------|--------------------------------|
| 31    | 0h 41m 35s | 64       | MAHAUT Patrice         | 7m 09s  | 14,431 | 4m 09s | M 31 | V2M 5 / 25  | FVP Boussac                    |
| 32    | 0h 41m 40s | 73       | NOËL Christian         | 7m 14s  | 14,401 | 4m 10s | M 32 | V2M 6 / 25  | Coueurs De Fond Déolois        |
| 33    | 0h 41m 42s | 96       | ROUFFET Thomas         | 7m 16s  | 14,387 | 4m 10s | M 33 | SEM 14 / 30 | Team Évaux-les-Bains Triathlon |
| 34    | 0h 41m 42s | 38       | FRAPPAT Olivier        | 7m 16s  | 14,387 | 4m 10s | M 34 | V1M 9 / 36  | Glénic Sport Nature            |
| 35    | 0h 41m 59s | 59       | LEFRERE Jean François  | 7m 33s  | 14,293 | 4m 12s | M 35 | V2M 7 / 25  | SAM Triathlon Guéret           |
| 36    | 0h 42m 04s | 93       | ROMERO Laurent         | 7m 39s  | 14,261 | 4m 12s | M 36 | V2M 8 / 25  | Glénic Sport Nature            |
| 37    | 0h 42m 08s | 116      | GASNET Victor          | 7m 42s  | 14,239 | 4m 13s | M 37 | ESM 2 / 3   | Glénic Sport Nature            |
| 38    | 0h 42m 12s | 37       | FRANCK Milon           | 7m 46s  | 14,218 | 4m 13s | M 38 | V2M 9 / 25  | Ultra Marathon France          |
| 39    | 0h 42m 24s | 84       | PLANCOULAINE Yoan      | 7m 58s  | 14,151 | 4m 14s | M 39 | CAM 4 / 6   | Glénic Sport Nature            |
| 40    | 0h 42m 27s | 6        | AUDIN Jean -François   | 8m 01s  | 14,136 | 4m 15s | M 40 | V1M 10 / 36 | Glénic Sport Nature            |
| 41    | 0h 42m 35s | 138      | MANEGRIER Jerome       | 8m 09s  | 14,091 | 4m 15s | M 41 | V1M 11 / 36 |                                |
| 42    | 0h 42m 35s | 123      | BARTHOLEMY Jean-Marie  | 8m 09s  | 14,091 | 4m 15s | M 42 | V2M 10 / 25 | FVP Boussac                    |
| 43    | 0h 42m 38s | 108      | VAREILLAUD Dominique   | 8m 13s  | 14,072 | 4m 16s | M 43 | V1M 12 / 36 | St Junien                      |
| 44    | 0h 42m 38s | 69       | MOKHEFI Fabien         | 8m 13s  | 14,072 | 4m 16s | M 44 | SEM 15 / 30 | Ea Aubusson Triathlon          |
| 45    | 0h 42m 53s | 147      | RAYNAUD Damien         | 8m 28s  | 13,989 | 4m 17s | M 45 | SEM 16 / 30 | Endurance 23                   |
| 46    | 0h 43m 15s | 12       | BERNARD Benoit         | 8m 49s  | 13,874 | 4m 19s | M 46 | SEM 17 / 30 | Montluçon Triathlon            |
| 47    | 0h 43m 22s | 21       | BRUN Alain             | 8m 56s  | 13,835 | 4m 20s | M 47 | V3M 1 / 17  | Elan Ussel                     |
| 48    | 0h 43m 28s | 146      | JEANNOT Christophe     | 9m 02s  | 13,805 | 4m 21s | M 48 | V2M 11 / 25 |                                |
| 49    | 0h 43m 34s | 160      | BOITEUX Quentin        | 9m 08s  | 13,771 | 4m 21s | M 49 | ESM 3 / 3   |                                |
| 50    | 0h 43m 39s | 100      | <b>SAUVE Sabrina</b>   | 9m 13s  | 13,746 | 4m 22s | F 1  | SEF 1 / 16  | Glénic Sport Nature            |
| 51    | 0h 43m 53s | 94       | RONDET Flavien         | 9m 27s  | 13,672 | 4m 23s | M 50 | SEM 18 / 30 | Montluçon Triathlon            |
| 52    | 0h 43m 59s | 95       | <b>ROTTIER Pauline</b> | 9m 33s  | 13,641 | 4m 24s | F 2  | SEF 2 / 16  | Team Fit Bike&run 36           |
| 53    | 0h 44m 09s | 9        | BAYLOT Jean - François | 9m 43s  | 13,590 | 4m 25s | M 51 | V1M 13 / 36 | Team Mdesign                   |
| 54    | 0h 44m 26s | 4        | APRUNCULE Sébastien    | 10m 00s | 13,505 | 4m 27s | M 52 | V1M 14 / 36 | Amitié Nature Montluçon        |
| 55    | 0h 44m 39s | 132      | GUILLEMOT Gerald       | 10m 14s | 13,435 | 4m 28s | M 53 | V1M 15 / 36 | Glénic Sport Nature            |
| 56    | 0h 44m 49s | 97       | ROUGERON Didier        | 10m 23s | 13,390 | 4m 29s | M 54 | V1M 16 / 36 |                                |
| 57    | 0h 44m 51s | 134      | BOUCHEIX Bruno         | 10m 25s | 13,378 | 4m 29s | M 55 | V2M 12 / 25 | Glénic Sport Nature            |
| 58    | 0h 44m 56s | 77       | PARADOUX Patrick       | 10m 30s | 13,353 | 4m 30s | M 56 | V2M 13 / 25 | SAM Guéret                     |
| 59    | 0h 44m 57s | 65       | MARTIN Gillian         | 10m 31s | 13,348 | 4m 30s | M 57 | V1M 17 / 36 | Team Triathlon 87              |
| 60    | 0h 45m 02s | 142      | LEMFALDI Mehdi         | 10m 36s | 13,324 | 4m 30s | M 58 | SEM 19 / 30 | Endurance 23                   |



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|-------|------------|----------|-------------------------|---------|--------|--------|------|-------------|-------------------------|
| 61    | 0h 45m 07s | 137      | DEGAINE Michel          | 10m 41s | 13,299 | 4m 31s | M 59 | V4M 1 / 3   |                         |
| 62    | 0h 45m 14s | 105      | TAVERNIER Laurent       | 10m 48s | 13,264 | 4m 31s | M 60 | V1M 18 / 36 | FVP Boussac             |
| 63    | 0h 45m 30s | 102      | SUFFIA Thibaut          | 11m 04s | 13,186 | 4m 33s | M 61 | CAM 5 / 6   |                         |
| 64    | 0h 45m 31s | 54       | LAUMAY Jérôme           | 11m 05s | 13,182 | 4m 33s | M 62 | V1M 19 / 36 | Gouz'on Court           |
| 65    | 0h 45m 44s | 111      | ZERYOUH Hassane         | 11m 18s | 13,120 | 4m 34s | M 63 | V2M 14 / 25 | SAM Guéret              |
| 66    | 0h 46m 17s | 82       | PIOCHE Clément          | 11m 52s | 12,962 | 4m 38s | M 64 | SEM 20 / 30 | FVP Boussac             |
| 67    | 0h 46m 17s | 155      | ALANORE Julien          | 11m 52s | 12,962 | 4m 38s | M 65 | V1M 20 / 36 |                         |
| 68    | 0h 46m 31s | 67       | <b>MAVIE Blanchette</b> | 12m 05s | 12,898 | 4m 39s | F 3  | SEF 3 / 16  | Montlucon Athletisme    |
| 69    | 0h 46m 45s | 127      | PEYNIN Thierry          | 12m 19s | 12,835 | 4m 40s | M 66 | V2M 15 / 25 | FVP Boussac             |
| 70    | 0h 46m 45s | 56       | LAURIER Benoît          | 12m 19s | 12,835 | 4m 40s | M 67 | SEM 21 / 30 |                         |
| 71    | 0h 46m 49s | 40       | GAILLE Emilie           | 12m 23s | 12,816 | 4m 41s | F 4  | SEF 4 / 16  |                         |
| 72    | 0h 46m 53s | 126      | DAGARD Philippe         | 12m 27s | 12,798 | 4m 41s | M 68 | V3M 2 / 17  | FVP Boussac             |
| 73    | 0h 47m 12s | 130      | ARRAUD Alain            | 12m 46s | 12,711 | 4m 43s | M 69 | V3M 3 / 17  | Glénic Sport Nature     |
| 74    | 0h 47m 20s | 110      | VILLIERS Stephane       | 12m 54s | 12,675 | 4m 44s | M 70 | V1M 21 / 36 | Gouz'on Court           |
| 75    | 0h 47m 27s | 35       | FERRARI Angelo          | 13m 01s | 12,646 | 4m 45s | M 71 | SEM 22 / 30 |                         |
| 76    | 0h 47m 30s | 87       | PRADEAU Jean            | 13m 04s | 12,633 | 4m 45s | M 72 | V3M 4 / 17  | Leyrenne AC             |
| 77    | 0h 47m 37s | 7        | BACTO Alix              | 13m 11s | 12,601 | 4m 46s | M 73 | V2M 16 / 25 | Montlucon Athletisme    |
| 78    | 0h 47m 54s | 72       | MONTMARTIN Claire       | 13m 28s | 12,528 | 4m 47s | F 5  | V1F 1 / 9   | SAM Guéret              |
| 79    | 0h 48m 01s | 157      | VANDERMEERSCH Alice     | 13m 36s | 12,494 | 4m 48s | F 6  | SEF 5 / 16  |                         |
| 80    | 0h 48m 05s | 107      | TUFFRAUD Laurent        | 13m 39s | 12,479 | 4m 48s | M 74 | V1M 22 / 36 | Team Mdesign            |
| 81    | 0h 48m 13s | 41       | GALLITRE Gérard         | 13m 48s | 12,442 | 4m 49s | M 75 | V3M 5 / 17  | FVP Boussac             |
| 82    | 0h 48m 24s | 140      | LALLIER Anthony         | 13m 58s | 12,398 | 4m 50s | M 76 | SEM 23 / 30 |                         |
| 83    | 0h 48m 30s | 83       | PIOCHE Thierry          | 14m 04s | 12,372 | 4m 51s | M 77 | V3M 6 / 17  | FVP Boussac             |
| 84    | 0h 48m 30s | 156      | COUNIL Amelie           | 14m 04s | 12,372 | 4m 51s | F 7  | SEF 6 / 16  |                         |
| 85    | 0h 48m 37s | 86       | POUPARD Alain           | 14m 11s | 12,342 | 4m 52s | M 78 | V3M 7 / 17  | Glénic Sport Nature     |
| 86    | 0h 48m 40s | 76       | PARADOUX Ophélie        | 14m 14s | 12,330 | 4m 52s | F 8  | JUF 1 / 2   | SAM Guéret              |
| 87    | 0h 48m 40s | 13       | BERTHOU Jacques         | 14m 14s | 12,330 | 4m 52s | M 79 | V4M 2 / 3   | Glénic Sport Nature     |
| 88    | 0h 48m 41s | 28       | CROMARIAS Stephane      | 14m 15s | 12,325 | 4m 52s | M 80 | V1M 23 / 36 | Montlucon Athletisme    |
| 89    | 0h 48m 41s | 75       | ORIOLE Eric             | 14m 15s | 12,325 | 4m 52s | M 81 | V3M 8 / 17  |                         |
| 90    | 0h 48m 50s | 26       | CLAVAUD José            | 14m 25s | 12,285 | 4m 53s | M 82 | V3M 9 / 17  | Us La Chatre Athlétisme |



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|-------|------------|----------|-----------------------|---------|--------|--------|-------|-------------|-------------------------|
| 91    | 0h 48m 53s | 44       | GUERRIER Claude       | 14m 27s | 12,275 | 4m 53s | M 83  | V2M 17 / 25 | Cap 03                  |
| 92    | 0h 48m 58s | 34       | DUMAS Remi            | 14m 33s | 12,252 | 4m 54s | M 84  | SEM 24 / 30 |                         |
| 93    | 0h 49m 06s | 52       | LAMARQUE Carine       | 14m 40s | 12,219 | 4m 55s | F 9   | V1F 2 / 9   |                         |
| 94    | 0h 49m 06s | 49       | JOMIER Jerome         | 14m 40s | 12,219 | 4m 55s | M 85  | V1M 24 / 36 |                         |
| 95    | 0h 49m 10s | 120      | GAUCHER Didier        | 14m 44s | 12,205 | 4m 55s | M 86  | V3M 10 / 17 |                         |
| 96    | 0h 49m 13s | 8        | BARANGER Séverine     | 14m 47s | 12,193 | 4m 55s | F 10  | SEF 7 / 16  |                         |
| 97    | 0h 49m 27s | 152      | AUFRAGNE Sebastien    | 15m 02s | 12,132 | 4m 57s | M 87  | V1M 25 / 36 |                         |
| 98    | 0h 49m 37s | 23       | CHAUVET André         | 15m 11s | 12,094 | 4m 58s | M 88  | V3M 11 / 17 | FVP Boussac             |
| 99    | 0h 49m 37s | 133      | SERISIER Alain        | 15m 11s | 12,094 | 4m 58s | M 89  | V3M 12 / 17 | Glénic Sport Nature     |
| 100   | 0h 49m 44s | 71       | MONTMARTIN Brice      | 15m 18s | 12,064 | 4m 58s | M 90  | V1M 26 / 36 | SAM Guéret              |
| 101   | 0h 49m 54s | 125      | CHAMIGNON Sarah       | 15m 28s | 12,023 | 4m 59s | F 11  | V1F 3 / 9   |                         |
| 102   | 0h 49m 58s | 50       | KHALLOUKY Bouchaib    | 15m 32s | 12,009 | 5m 00s | M 91  | V2M 18 / 25 | Glénic Sport Nature     |
| 103   | 0h 50m 03s | 135      | MAUME Mickael         | 15m 37s | 11,987 | 5m 00s | M 92  | SEM 25 / 30 |                         |
| 104   | 0h 50m 04s | 36       | FILOMENA Laurent      | 15m 38s | 11,984 | 5m 00s | M 93  | V1M 27 / 36 | Ce Safran               |
| 105   | 0h 50m 13s | 20       | BOURSAUD Christelle   | 15m 47s | 11,949 | 5m 01s | F 12  | V1F 4 / 9   | FVP Boussac             |
| 106   | 0h 50m 13s | 119      | DESFORGES Didier      | 15m 47s | 11,949 | 5m 01s | M 94  | V3M 13 / 17 | FVP Boussac             |
| 107   | 0h 50m 39s | 45       | GUYONNET Pascal       | 16m 14s | 11,845 | 5m 04s | M 95  | V2M 19 / 25 | Glénic Sport Nature     |
| 108   | 0h 51m 03s | 124      | JOLIVET Laurent       | 16m 37s | 11,753 | 5m 06s | M 96  | V1M 28 / 36 |                         |
| 109   | 0h 51m 26s | 153      | GIBARD Celine         | 17m 01s | 11,664 | 5m 09s | F 13  | V1F 5 / 9   |                         |
| 110   | 0h 51m 32s | 27       | COUTURIER Marie       | 17m 06s | 11,642 | 5m 09s | F 14  | SEF 8 / 16  |                         |
| 111   | 0h 51m 37s | 150      | PATEYRON Lucie        | 17m 11s | 11,626 | 5m 10s | F 15  | JUF 2 / 2   | Leyrenne AC             |
| 112   | 0h 51m 48s | 48       | JACQUET Anthony       | 17m 22s | 11,584 | 5m 11s | M 97  | SEM 26 / 30 |                         |
| 113   | 0h 51m 49s | 101      | SIMON Bruno           | 17m 23s | 11,579 | 5m 11s | M 98  | V3M 14 / 17 | Glénic Sport Nature     |
| 114   | 0h 51m 56s | 104      | TARDY Vincent         | 17m 30s | 11,555 | 5m 12s | M 99  | V1M 29 / 36 |                         |
| 115   | 0h 52m 13s | 63       | LONC Didier           | 17m 47s | 11,490 | 5m 13s | M 100 | V3M 15 / 17 | FVP Boussac             |
| 116   | 0h 52m 20s | 109      | VERGOZ Anne Catherine | 17m 55s | 11,463 | 5m 14s | F 16  | V1F 6 / 9   | Glénic Sport Nature     |
| 117   | 0h 52m 20s | 60       | LEGER Jean Paul       | 17m 55s | 11,463 | 5m 14s | M 101 | V3M 16 / 17 | Glénic Sport Nature     |
| 118   | 0h 52m 28s | 2        | ALALINARDE Stéphane   | 18m 02s | 11,436 | 5m 15s | M 102 | V1M 30 / 36 | FVP Boussac             |
| 119   | 0h 52m 49s | 85       | PLUYAUD Jean Francois | 18m 23s | 11,360 | 5m 17s | M 103 | V1M 31 / 36 | Glénic Sport Nature     |
| 120   | 0h 52m 49s | 58       | LE GALLIARD Frederic  | 18m 23s | 11,360 | 5m 17s | M 104 | V1M 32 / 36 |                         |



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|-------|------------|----------|----------------------|---------|--------|--------|-------|-------------|-----------------------------|
| 121   | 0h 52m 59s | 32       | DIOT Ingrid          | 18m 33s | 11,326 | 5m 18s | F 17  | SEF 9 / 16  | FVP Boussac                 |
| 122   | 0h 53m 00s | 42       | GIBARD Christophe    | 18m 34s | 11,321 | 5m 18s | M 105 | V2M 20 / 25 |                             |
| 123   | 0h 53m 05s | 143      | FAYETTE Thierry      | 18m 39s | 11,304 | 5m 18s | M 106 | V2M 21 / 25 | SAM Guéret                  |
| 124   | 0h 53m 26s | 148      | MAZIERE Alexandra    | 19m 00s | 11,230 | 5m 21s | F 18  | SEF 10 / 16 |                             |
| 125   | 0h 53m 28s | 145      | DUPONT Georges       | 19m 03s | 11,221 | 5m 21s | M 107 | V4M 3 / 3   | SAM Guéret                  |
| 126   | 0h 53m 33s | 29       | DEBELLUT Carine      | 19m 07s | 11,204 | 5m 21s | F 19  | V1F 7 / 9   | Aixe Running Club 87        |
| 127   | 0h 53m 53s | 99       | SAUVADET Anne Sophie | 19m 28s | 11,134 | 5m 23s | F 20  | SEF 11 / 16 |                             |
| 128   | 0h 53m 56s | 53       | LAMY Emmanuel        | 19m 30s | 11,125 | 5m 24s | M 108 | V1M 33 / 36 |                             |
| 129   | 0h 54m 13s | 151      | AUBERT Adeline       | 19m 47s | 11,068 | 5m 25s | F 21  | SEF 12 / 16 | Gouzon                      |
| 130   | 0h 54m 13s | 129      | ROCHE Valerie        | 19m 47s | 11,068 | 5m 25s | F 22  | V2F 1 / 4   |                             |
| 131   | 0h 54m 26s | 98       | ROZET Michel         | 20m 00s | 11,023 | 5m 27s | M 109 | V3M 17 / 17 | Leyrenne AC                 |
| 132   | 0h 54m 33s | 55       | LAURENT Vincent      | 20m 07s | 11,000 | 5m 27s | M 110 | V2M 22 / 25 | Ea Aubusson                 |
| 133   | 0h 54m 40s | 131      | MOITY Stephane       | 20m 14s | 10,976 | 5m 28s | M 111 | V1M 34 / 36 | Glénic Sport Nature         |
| 134   | 0h 55m 09s | 121      | FOURNIER Jerome      | 20m 43s | 10,881 | 5m 31s | M 112 | SEM 27 / 30 |                             |
| 135   | 0h 55m 18s | 159      | DAVIDDE Andrea       | 20m 52s | 10,851 | 5m 32s | M 113 | SEM 28 / 30 |                             |
| 136   | 0h 55m 20s | 66       | MARTIN Sandrine      | 20m 54s | 10,843 | 5m 32s | F 23  | V1F 8 / 9   | Km 42 St Just Le Martel     |
| 137   | 0h 55m 27s | 78       | PENARD Anne Laure    | 21m 01s | 10,822 | 5m 33s | F 24  | SEF 13 / 16 | FVP Boussac                 |
| 138   | 0h 55m 45s | 46       | HIRAULT Florian      | 21m 19s | 10,763 | 5m 34s | M 114 | CAM 6 / 6   | Club D Athlétisme De Guéret |
| 139   | 0h 55m 45s | 47       | HIRAULT Laurent      | 21m 19s | 10,763 | 5m 34s | M 115 | V1M 35 / 36 |                             |
| 140   | 0h 57m 19s | 154      | MAGNI Magalie        | 22m 53s | 10,468 | 5m 44s | F 25  | SEF 14 / 16 | Glénic Sport Nature         |
| 141   | 0h 57m 51s | 33       | DUCAROIX Fabrice     | 23m 25s | 10,371 | 5m 47s | M 116 | V2M 23 / 25 | FVP Boussac                 |
| 142   | 0h 58m 07s | 158      | GATIER Severine      | 23m 41s | 10,325 | 5m 49s | F 26  | SEF 15 / 16 |                             |
| 143   | 0h 58m 14s | 24       | CHAUVET Sylvie       | 23m 48s | 10,304 | 5m 49s | F 27  | V2F 2 / 4   | FVP Boussac                 |
| 144   | 0h 58m 33s | 31       | DEPOUX Etienne       | 24m 07s | 10,249 | 5m 51s | M 117 | SEM 29 / 30 |                             |
| 145   | 0h 59m 05s | 15       | BOTTET Eloise        | 24m 39s | 10,156 | 5m 54s | F 28  | CAF 1 / 1   | SAM Guéret                  |
| 146   | 0h 59m 05s | 16       | BOTTET Geraldine     | 24m 39s | 10,156 | 5m 54s | F 29  | V1F 9 / 9   | Gouz'on Court               |
| 147   | 0h 59m 33s | 39       | FUGIER Bertrand      | 25m 07s | 10,076 | 5m 57s | M 118 | V1M 36 / 36 |                             |
| 148   | 1h 00m 55s | 128      | FUSTER Loan          | 26m 30s | 9,848  | 6m 06s | M 119 | SEM 30 / 30 |                             |
| 149   | 1h 02m 44s | 30       | DEPOUX Emilie        | 28m 18s | 9,564  | 6m 16s | F 30  | SEF 16 / 16 |                             |
| 150   | 1h 03m 27s | 92       | RENAULDON Eric       | 29m 01s | 9,456  | 6m 21s | M 120 | V2M 24 / 25 | Berry-sport                 |



## La 10 Gouzon (10 km) - 155 arrivants (34 Femmes - 121 Hommes)

| Place | Temps      | Dossards | Participants         | Ecart   | Km/H  | Tps/Km | Sexe  | Catégorie   | Club/Equipe/Assoc./Ent. |
|-------|------------|----------|----------------------|---------|-------|--------|-------|-------------|-------------------------|
| 151   | 1h 04m 05s | 114      | MERRIEN Marie-Pierre | 29m 39s | 9,362 | 6m 25s | F 31  | V3F 1 / 2   |                         |
| 152   | 1h 05m 23s | 115      | BLANC Lydie          | 30m 58s | 9,176 | 6m 32s | F 32  | V2F 3 / 4   |                         |
| 153   | 1h 06m 13s | 117      | POMPIER Pierre       | 31m 47s | 9,062 | 6m 37s | M 121 | V2M 25 / 25 |                         |
| 154   | 1h 09m 07s | 113      | MALLERON Bernadette  | 34m 41s | 8,681 | 6m 55s | f 33  | V3f 2 / 2   |                         |
| 155   | 1h 09m 25s | 51       | LACAUD Véronique     | 34m 59s | 8,644 | 6m 56s | F 34  | V2F 4 / 4   | Glénic Sport Nature     |