



10 Km (9,8 km) - 142 arrivants (46 Femmes - 96 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Club/Equipe/Assoc./Ent.
1	0h 32m 18s	2735	D'ARCANGELO Adrien	-	18,204	3m 18s	M	1	ESM	1 / 2 ASPTT Clermont
2	0h 33m 22s	2690	THAUBY Pierre	1m 04s	17,622	3m 24s	M	2	SEM	1 / 36 US Avord Athlétisme
3	0h 33m 54s	2642	JARRY Alexis	1m 36s	17,345	3m 28s	M	3	SEM	2 / 36 Athlétisme Club De Bourges
4	0h 35m 50s	2609	BONNEFILLE Jean-Christophe	3m 32s	16,409	3m 39s	M	4	SEM	3 / 36 Triathlon Club Tronçais
5	0h 35m 50s	2628	FABULET Benjamin	3m 32s	16,409	3m 39s	M	5	CAM	1 / 6
6	0h 36m 02s	2698	DUMONTET Eliot	3m 44s	16,318	3m 41s	M	6	CAM	2 / 6 TRI SUD 18
7	0h 36m 22s	2692	THEVENIN Benoît	4m 04s	16,169	3m 43s	M	7	SEM	4 / 36 Sancerre Running
8	0h 36m 36s	2705	LEPROHON Nathan	4m 18s	16,066	3m 44s	M	8	CAM	3 / 6
9	0h 36m 59s	2606	BELLET Gilbert	4m 41s	15,899	3m 46s	M	9	V2M	1 / 19 US La Chatre Athlétisme
10	0h 37m 00s	2662	MESSMER Benoit	4m 42s	15,892	3m 47s	M	10	SEM	5 / 36
11	0h 37m 20s	2702	BODIN Bruno	5m 02s	15,750	3m 49s	M	11	V2M	2 / 19 AC Bourges
12	0h 37m 34s	2727	FOURNY Denis	5m 16s	15,652	3m 50s	M	12	V1M	1 / 23 SAMBA
13	0h 37m 41s	2748	ELJAOUHARI Kevin	5m 23s	15,604	3m 51s	M	13	SEM	6 / 36
14	0h 37m 54s	2618	COTTAIS Adrian	5m 36s	15,515	3m 52s	M	14	CAM	4 / 6
15	0h 38m 13s	2665	MIGEON Jérémy	5m 55s	15,386	3m 54s	M	15	SEM	7 / 36 Sancerre Running
16	0h 39m 14s	2613	CHAGNON David	6m 56s	14,987	4m 00s	M	16	V2M	3 / 19 Pass-running Ffa
17	0h 39m 15s	2636	GIRAULT Patrice	6m 57s	14,981	4m 00s	M	17	V2M	4 / 19 ASPTT 36 Sports Nature
18	0h 39m 24s	2610	BOUCHERON Mathis	7m 06s	14,924	4m 01s	M	18	CAM	5 / 6 Ffc
19	0h 39m 28s	2605	BEGUE Julien	7m 10s	14,899	4m 02s	M	19	V2M	5 / 19
20	0h 39m 46s	2661	MESLET Kevin	7m 28s	14,786	4m 03s	M	20	SEM	8 / 36
21	0h 40m 06s	2749	BEGUE Corentin	7m 48s	14,663	4m 06s	M	21	SEM	9 / 36
22	0h 40m 07s	2675	PILAT Sebastien	7m 49s	14,657	4m 06s	M	22	V1M	2 / 23
23	0h 40m 09s	2624	DENIZARD Cindy	7m 51s	14,645	4m 06s	F	1	SEF	1 / 21 Fftri Tri Sud 18
24	0h 40m 15s	2747	HUCHE Pierre	7m 57s	14,609	4m 06s	M	23	V2M	6 / 19 VVF Athlé
25	0h 40m 38s	2656	LELARGE Frederic	8m 20s	14,471	4m 09s	M	24	V1M	3 / 23 US Avord Athlétisme
26	0h 41m 00s	2725	BONTEMPS Loic	8m 42s	14,341	4m 11s	M	25	SEM	10 / 36
27	0h 41m 07s	2724	SITBON Thomas	8m 49s	14,301	4m 12s	M	26	SEM	11 / 36
28	0h 41m 28s	2746	CUTARD Bruno	9m 10s	14,180	4m 14s	M	27	V2M	7 / 19
29	0h 41m 30s	2729	DAUXERRE Eric	9m 12s	14,169	4m 14s	M	28	V1M	4 / 23 TRI SUD 18
30	0h 41m 44s	2603	AUDEBERT Sébastien	9m 26s	14,089	4m 16s	M	29	SEM	12 / 36 Biscotte Team
31	0h 41m 44s	2647	KERSKENS Sébastien	9m 26s	14,089	4m 16s	M	30	SEM	13 / 36
32	0h 42m 04s	2723	SITBON Olivier	9m 46s	13,978	4m 18s	M	31	SEM	14 / 36
33	0h 43m 16s	2676	PLISSON Pascal	10m 58s	13,590	4m 25s	M	32	V2M	8 / 19 Les Orangers
34	0h 43m 16s	2644	JOMIER Jerome	10m 58s	13,590	4m 25s	M	33	SEM	15 / 36
35	0h 43m 30s	2678	QUINAULT Arnaud	11m 12s	13,517	4m 26s	M	34	V1M	5 / 23 US Berry Athlétisme
36	0h 43m 47s	2634	GALON Victor	11m 29s	13,430	4m 28s	M	35	SEM	16 / 36
37	0h 43m 47s	2731	BERTHOMIER Victor	11m 29s	13,430	4m 28s	M	36	CAM	6 / 6
38	0h 43m 56s	2730	BOYER Guillaume	11m 38s	13,384	4m 29s	M	37	V1M	6 / 23 TRI SUD 18
39	0h 43m 57s	2674	PERRIOT Hervé	11m 39s	13,379	4m 29s	M	38	V2M	9 / 19 Vtt Nohant
40	0h 43m 59s	2625	DUNAS Bruno	11m 41s	13,369	4m 29s	M	39	V2M	10 / 19 Bourges Triathlon



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41	0h 44m 12s	2638	GOURDET Anne	11m 54s	13,303	4m 31s	F	2	V1F	1 / 11
42	0h 44m 46s	2629	FEUILLET Thomas	12m 28s	13,135	4m 34s	M	40	SEM	17 / 36 Biscotte Team
43	0h 44m 48s	2732	BERLOT Dimitri	12m 30s	13,125	4m 34s	M	41	SEM	18 / 36
44	0h 44m 51s	2739	JOUANE Edna	12m 33s	13,110	4m 35s	F	3	V2F	1 / 11
45	0h 45m 23s	2734	PERIN Cyprien	13m 05s	12,956	4m 38s	M	42	SEM	19 / 36
46	0h 45m 27s	2708	MINARD Marie-Pierre	13m 09s	12,937	4m 38s	F	4	SEF	2 / 21 TRI SUD 18
47	0h 45m 28s	2623	DELAUTRE Dominique	13m 10s	12,933	4m 38s	M	43	V3M	1 / 10
48	0h 45m 31s	2669	NATTIER Julien	13m 13s	12,918	4m 39s	M	44	SEM	20 / 36
49	0h 45m 46s	2627	ERRANT Patrice	13m 28s	12,848	4m 40s	M	45	V1M	7 / 23
50	0h 45m 47s	2626	ERRANT Didier	13m 29s	12,843	4m 40s	M	46	V2M	11 / 19
51	0h 45m 48s	2713	LEJEUNE Cedric	13m 30s	12,838	4m 40s	M	47	SEM	21 / 36
52	0h 45m 59s	2717	LACROIX Aurore	13m 41s	12,787	4m 42s	F	5	V1F	2 / 11
53	0h 46m 03s	2639	GRIETTE Loïc	13m 45s	12,769	4m 42s	M	48	V3M	2 / 10 US Avord Athlétisme
54	0h 46m 13s	2728	SAUNERON Damien	13m 55s	12,723	4m 43s	M	49	SEM	22 / 36
55	0h 46m 14s	2704	LEPROHON David	13m 56s	12,718	4m 43s	M	50	V1M	8 / 23
56	0h 46m 15s	2637	GLON Benoît	13m 57s	12,714	4m 43s	M	51	V1M	9 / 23 Vtt Nohant
57	0h 46m 28s	2737	GUERY Fabrice	14m 10s	12,654	4m 44s	M	52	V1M	10 / 23 ASPPT 36 Sports Nature
58	0h 46m 29s	2709	GARDARIN Sophie	14m 11s	12,650	4m 45s	F	6	V1F	3 / 11 CALR
59	0h 46m 42s	2667	MULLER Cedric	14m 24s	12,591	4m 46s	M	53	V1M	11 / 23
60	0h 47m 00s	2733	TRIBET Christophe	14m 42s	12,511	4m 48s	M	54	V1M	12 / 23 US La Chatre Athlétisme
61	0h 47m 01s	2722	YVERNAULT Joel	14m 43s	12,506	4m 48s	M	55	V2M	12 / 19 Fvp Boussac
62	0h 47m 18s	2645	JULIEN Elie	15m 00s	12,431	4m 50s	M	56	ESM	2 / 2
63	0h 47m 30s	2682	RENOIR Yves	15m 12s	12,379	4m 51s	M	57	V3M	3 / 10
64	0h 47m 43s	2653	LECUYER Frederic	15m 25s	12,323	4m 52s	M	58	SEM	23 / 36 Les Points De Cotes
65	0h 47m 55s	2680	RAVOT Alexandre	15m 37s	12,271	4m 53s	M	59	SEM	24 / 36
66	0h 47m 58s	2615	CHEVALIER Sonia	15m 40s	12,259	4m 54s	F	7	V1F	4 / 11 US La Chatre Athlétisme
67	0h 47m 59s	2663	MIARA Pascal	15m 41s	12,254	4m 54s	M	60	V1M	13 / 23
68	0h 48m 14s	2700	BIGOTEAU Maxime	15m 56s	12,191	4m 55s	M	61	SEM	25 / 36
69	0h 48m 16s	2666	MOUSSET Olivier	15m 58s	12,182	4m 56s	M	62	SEM	26 / 36
70	0h 48m 29s	2701	BOUCHARD Veronique	16m 11s	12,128	4m 57s	F	8	V2F	2 / 11
71	0h 48m 30s	2612	BROSSAT Jean-Maurice	16m 12s	12,124	4m 57s	M	63	V3M	4 / 10
72	0h 48m 35s	2668	NAJID Saïd	16m 17s	12,103	4m 57s	M	64	V1M	14 / 23
73	0h 48m 37s	2716	LEONARD Philippe	16m 19s	12,095	4m 58s	M	65	V2M	13 / 19
74	0h 49m 13s	2686	ROY Isabelle	16m 55s	11,947	5m 01s	F	9	SEF	3 / 21 US Berry Athlétisme
75	0h 49m 25s	2679	RABINEAU Gilles	17m 07s	11,899	5m 03s	M	66	V3M	5 / 10
76	0h 49m 26s	2736	VRIRAT Valerie	17m 08s	11,895	5m 03s	F	10	V2F	3 / 11
77	0h 49m 33s	2608	BERTON Arthemise	17m 15s	11,867	5m 03s	F	11	SEF	4 / 21
78	0h 49m 37s	2620	DAMIEN Aurelie	17m 19s	11,851	5m 04s	F	12	SEF	5 / 21
79	0h 49m 37s	2621	DAMIEN Sebastien	17m 19s	11,851	5m 04s	M	67	V1M	15 / 23
80	0h 49m 43s	2750	MAVRY Benjamin	17m 25s	11,827	5m 04s	M	68	SEM	27 / 36



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81	0h 49m 43s	2900	RENARD Melanie	17m 25s	11,827	5m 04s	F	13	SEF	6 / 21
82	0h 49m 45s	2633	GALON Anne Marie	17m 27s	11,819	5m 05s	F	14	V2F	4 / 11
83	0h 49m 51s	2699	LOUIS Florent	17m 33s	11,795	5m 05s	M	69	SEM	28 / 36
84	0h 50m 09s	2741	AUGNANDERIS Fabien	17m 51s	11,725	5m 07s	M	70	SEM	29 / 36
85	0h 50m 13s	2712	MENAGER Eric	17m 55s	11,709	5m 07s	M	71	V2M	14 / 19 Gouzon Court
86	0h 50m 20s	2604	BAILLEUL Maika	18m 02s	11,682	5m 08s	F	15	SEF	7 / 21 Tri Sud 18
87	0h 50m 22s	2707	AUSSIETTE Frederic	18m 04s	11,674	5m 08s	M	72	V1M	16 / 23 ARCOMPS
88	0h 50m 25s	2697	COLAS Annie	18m 07s	11,663	5m 09s	F	16	V2F	5 / 11 LBC AC Section Trail
89	0h 50m 28s	2703	FRANCHE Cyril	18m 10s	11,651	5m 09s	M	73	V1M	17 / 23 US Berry Athlétisme
90	0h 50m 29s	2670	NICAUD Simon	18m 11s	11,647	5m 09s	M	74	SEM	30 / 36
91	0h 50m 29s	2706	AUSSIETTE Isabelle	18m 11s	11,647	5m 09s	F	17	V1F	5 / 11 ARCOMPS
92	0h 50m 36s	2719	PENIER Julien	18m 18s	11,621	5m 10s	M	75	SEM	31 / 36
93	0h 50m 42s	2684	RODRIGUEZ Hervé	18m 24s	11,598	5m 10s	M	76	V3M	6 / 10 Pass J'aime Courrir
94	0h 50m 43s	2619	CUBEDDU Catherine	18m 25s	11,594	5m 11s	F	18	V1F	6 / 11 Indre AC - EA Issoudun
95	0h 50m 52s	2635	GASMAND Benedicte	18m 34s	11,560	5m 11s	F	19	V1F	7 / 11 US Avord Athlétisme
96	0h 50m 53s	2602	ANDRE Laura	18m 35s	11,556	5m 12s	F	20	SEF	8 / 21 Asa Du Berry
97	0h 50m 53s	2721	BERGER Mathieu	18m 35s	11,556	5m 12s	M	77	SEM	32 / 36 ASAD
98	0h 51m 13s	2650	LANOUE Joel	18m 55s	11,481	5m 14s	M	78	V2M	15 / 19
99	0h 51m 13s	2738	NICAUD Philippe	18m 55s	11,481	5m 14s	M	79	V2M	16 / 19
100	0h 51m 20s	2693	TIFFENEAU Nathalie	19m 02s	11,455	5m 14s	F	21	V2F	6 / 11
101	0h 51m 33s	2688	SANTANDREU Belinda	19m 15s	11,406	5m 16s	F	22	SEF	9 / 21 LBC AC Section Trail
102	0h 51m 38s	2654	LEDUC Marc	19m 20s	11,388	5m 16s	M	80	SEM	33 / 36
103	0h 51m 39s	2614	CHAILLOT Clément	19m 21s	11,384	5m 16s	M	81	SEM	34 / 36
104	0h 51m 41s	2616	CORDEAU Benoît	19m 23s	11,377	5m 16s	M	82	V1M	18 / 23
105	0h 51m 48s	2648	LAFOURCADE Catherine	19m 30s	11,351	5m 17s	F	23	V3F	1 / 2 Running Passion Bourges
106	0h 51m 59s	2601	ADAMKIEWICZ Emilie	19m 41s	11,311	5m 18s	F	24	SEF	10 / 21 ASPTT 36 Sports Nature
107	0h 52m 00s	2689	SOARES Nicolas	19m 42s	11,308	5m 18s	M	83	V1M	19 / 23 ASPTT 36 Sports Nature
108	0h 52m 04s	2720	JASNY Isabelle	19m 46s	11,293	5m 19s	F	25	V1F	8 / 11 SAMBA
109	0h 52m 15s	2671	PARENT Fabien	19m 57s	11,254	5m 20s	M	84	V1M	20 / 23
110	0h 52m 16s	2651	LAURENT Laetitia	19m 58s	11,250	5m 20s	F	26	SEF	11 / 21
111	0h 52m 18s	2685	ROLLER Celia	20m 00s	11,243	5m 20s	F	27	SEF	12 / 21
112	0h 52m 21s	2632	FONTANETO Celine	20m 03s	11,232	5m 21s	F	28	SEF	13 / 21
113	0h 52m 27s	2652	LE MINTIER Erwan	20m 09s	11,211	5m 21s	M	85	V1M	21 / 23
114	0h 52m 49s	2646	JULLIEN Hélène	20m 31s	11,133	5m 23s	F	29	V2F	7 / 11
115	0h 52m 51s	2664	MICHELON Frederic	20m 33s	11,126	5m 24s	M	86	V1M	22 / 23 Vtt Nohant
116	0h 52m 53s	2657	LERASLE Yann	20m 35s	11,119	5m 24s	M	87	V1M	23 / 23 Vtt Nohant
117	0h 53m 00s	2655	LEDUC Pierre	20m 42s	11,094	5m 24s	M	88	SEM	35 / 36
118	0h 53m 08s	2740	TABOUNE Astriel	20m 50s	11,066	5m 25s	F	30	SEF	14 / 21
119	0h 53m 10s	2649	LAFOURCADE Elie	20m 52s	11,060	5m 26s	M	89	V3M	7 / 10 Running Passion Bourges
120	0h 53m 49s	2714	SOULAT Marine	21m 31s	10,926	5m 29s	F	31	SEF	15 / 21



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121	0h 53m 51s	2745	BUILLET Aurelia	21m 33s	10,919	5m 30s	F	32	SEF	16 / 21 US Berry Athlétisme
122	0h 53m 52s	2715	SOULAT Pascal	21m 34s	10,916	5m 30s	M	90	V3M	8 / 10
123	0h 54m 41s	2726	AUGENDRE Daniel	22m 23s	10,753	5m 35s	M	91	V3M	9 / 10 ASEAB Bourges
124	0h 55m 53s	2710	LOUTRE Julie	23m 35s	10,522	5m 42s	F	33	SEF	17 / 21
125	0h 55m 59s	2711	ROUET Aurelie	23m 41s	10,503	5m 43s	F	34	SEF	18 / 21
126	0h 56m 01s	2643	JARRY Marielle	23m 43s	10,497	5m 43s	F	35	V2F	8 / 11 Asa Du Berry
127	0h 56m 08s	2744	MARAMBAUD Jean-Francois	23m 50s	10,475	5m 44s	M	92	V2M	17 / 19
128	0h 56m 08s	2742	MARAMBAUD Elsa	23m 50s	10,475	5m 44s	F	36	SEF	19 / 21
129	0h 56m 09s	2743	MARAMBAUD Catherine	23m 51s	10,472	5m 44s	F	37	V2F	9 / 11
130	0h 57m 11s	2672	PASCUAL Chantal	24m 53s	10,283	5m 50s	F	38	V2F	10 / 11
131	0h 59m 28s	2696	FRADET Celine	27m 10s	9,888	6m 04s	F	39	ESF	1 / 1 Les Gazelles de Vineuil
132	0h 59m 29s	2617	COSTE Christelle	27m 11s	9,885	6m 04s	F	40	SEF	20 / 21 Les Gazelles de Vineuil
133	0h 59m 29s	2691	THERET Sebastien	27m 11s	9,885	6m 04s	M	93	SEM	36 / 36
134	1h 01m 47s	2683	ROBIN Annie	29m 29s	9,517	6m 18s	F	41	V3F	2 / 2 Amitié Et Nature De Montluçon
135	1h 01m 49s	2607	BERÇON Aurelie	29m 31s	9,512	6m 18s	F	42	SEF	21 / 21
136	1h 03m 01s	2641	HUGUET Jean-Paul	30m 43s	9,331	6m 26s	M	94	V2M	18 / 19 Les Points De Cotes
137	1h 03m 57s	2677	POULIQUEN--FRADET Claire	31m 39s	9,195	6m 32s	F	43	V1F	9 / 11 Les Gazelles de Vineuil
138	1h 04m 59s	2658	MALIN Christel	32m 41s	9,048	6m 38s	F	44	V1F	10 / 11 Samba
139	1h 04m 59s	2611	BOUR Paula	32m 41s	9,048	6m 38s	F	45	V1F	11 / 11 Samba
140	1h 06m 30s	2718	PERCHERON Jean-Pierre	34m 12s	8,842	6m 47s	M	95	V3M	10 / 10
141	1h 08m 26s	2631	FONSECA Sandrine	36m 08s	8,592	6m 59s	F	46	V2F	11 / 11
142	1h 08m 27s	2630	FONSECA Rui	36m 09s	8,590	6m 59s	M	96	V2M	19 / 19