



18 Km (18 km) - 99 arrivants (16 Femmes - 83 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Club/Equipe/Assoc./Ent.
1	1h 16m 32s	187	GAUMER Victor	-	14,111	4m 15s	M	1	SEM	1 / 17 Glénic Sport Nature
2	1h 16m 53s	134	AUBARD Antonin	0m 20s	14,048	4m 16s	M	2	ESM	1 / 1 Coureurs de Fond Déolois
3	1h 16m 55s	210	JEANNOT Louis	0m 23s	14,040	4m 16s	M	3	SEM	2 / 17 Glénic Sport Nature
4	1h 17m 33s	208	JACQUET Alex	1m 01s	13,925	4m 19s	M	4	SEM	3 / 17
5	1h 18m 59s	262	MEUROU David	2m 27s	13,672	4m 23s	M	5	M3M	1 / 6 Endurance 23 La Souterraine
6	1h 22m 19s	189	GIRARD Arnaud	5m 47s	13,120	4m 34s	M	6	M0M	1 / 13 USP Running Trail Le Poinçonnet
7	1h 24m 19s	294	THIERRY - SOULETTE Julien	7m 47s	12,809	4m 41s	M	7	M1M	1 / 11 La Dionysienne - Course Nature - St Denis de Jouhet
8	1h 24m 19s	230	LAGRANGE Raphaël	7m 47s	12,809	4m 41s	M	8	M0M	2 / 13 La Dionysienne - Course Nature - St Denis de Jouhet
9	1h 28m 12s	182	FRAPPAT Olivier	11m 39s	12,246	4m 54s	M	9	M2M	1 / 12 Glénic Sport Nature
10	1h 28m 40s	181	FOUR Alexis	12m 07s	12,181	4m 56s	M	10	M0M	3 / 13 Glénic Sport Nature
11	1h 28m 52s	190	GOULEAU Anthony	12m 20s	12,153	4m 56s	M	11	M2M	2 / 12 La Berrichonne Châteauroux Athletic Club
12	1h 29m 02s	163	DAVID Gregory	12m 30s	12,130	4m 57s	M	12	M1M	2 / 11 US La Châtre Athlétisme
13	1h 29m 47s	158	COMMEUREUC Mathieu	13m 14s	12,030	4m 59s	M	13	SEM	4 / 17
14	1h 31m 16s	178	FLEURY Guillaume	14m 44s	11,833	5m 04s	M	14	M2M	3 / 12 US La Châtre Athlétisme
15	1h 31m 19s	223	JONATHAN Wonner	14m 47s	11,827	5m 04s	M	15	M0M	4 / 13 La Dionysienne - Course Nature - St Denis de Jouhet
16	1h 31m 31s	148	BROUILLARD Tony	14m 59s	11,801	5m 05s	M	16	M1M	3 / 11 Glénic Sport Nature
17	1h 32m 39s	192	GOURGON Romain	16m 07s	11,656	5m 09s	M	17	M2M	4 / 12 Boussac running
18	1h 32m 53s	203	HENNER Lucas	16m 20s	11,628	5m 10s	M	18	M0M	5 / 13
19	1h 33m 02s	147	BRETONNIERE Pierre-Marie	16m 30s	11,608	5m 10s	M	19	M0M	6 / 13 ASPTT CM36 SPORTS NATURE
20	1h 33m 03s	171	DRAPERIE Dorian	16m 31s	11,607	5m 10s	M	20	SEM	5 / 17
21	1h 33m 31s	217	JEANROT Paul	16m 59s	11,548	5m 12s	M	21	SEM	6 / 17
22	1h 33m 53s	175	DUMONTET Benoit	17m 21s	11,503	5m 13s	M	22	M4M	1 / 10 Les Foulées de la Vallée Noire
23	1h 35m 31s	264	NEGRINI Benjamin	18m 59s	11,307	5m 18s	M	23	M0M	7 / 13 BOUSSAC RUNNING
24	1h 35m 55s	246	MAHÉLIN Romain	19m 23s	11,259	5m 20s	M	24	SEM	7 / 17 Les Foulées de la Vallée Noire
25	1h 36m 01s	232	LANGLOIS Fabien	19m 29s	11,247	5m 20s	M	25	SEM	8 / 17 BOUSSAC RUNNING
26	1h 36m 59s	149	BUZARÉ Patrice	20m 27s	11,136	5m 23s	M	26	M1M	4 / 11
27	1h 37m 42s	141	BLANCA Hélène	21m 10s	11,055	5m 26s	F	1	M0F	1 / 7 Glénic Sport Nature
28	1h 38m 15s	284	MAURY Benjamin	21m 43s	10,992	5m 28s	M	27	M0M	8 / 13 ASPTT CM36 SPORTS NATURE
29	1h 38m 28s	195	GUICHARD Elise	21m 56s	10,969	5m 28s	F	2	M1F	1 / 4
30	1h 38m 53s	286	ROMAIN Courtaud	22m 21s	10,922	5m 30s	M	28	SEM	9 / 17
31	1h 39m 04s	160	CUTARD Bruno	22m 32s	10,902	5m 30s	M	29	M4M	2 / 10
32	1h 40m 04s	292	SOLEM Estelle	23m 32s	10,793	5m 34s	F	3	M1F	2 / 4
33	1h 40m 04s	249	MARCHI Christophe	23m 32s	10,793	5m 34s	M	30	M3M	2 / 6
34	1h 40m 12s	296	VAN DAMME Malko	23m 40s	10,778	5m 34s	M	31	SEM	10 / 17
35	1h 40m 22s	237	LAVERDANT Damien	23m 50s	10,760	5m 35s	M	32	M0M	9 / 13
36	1h 40m 39s	243	LEONARD Emmanuel	24m 07s	10,730	5m 35s	M	33	M4M	3 / 10 Coureurs de Fond Déolois



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37	1h 40m 49s	238	LE GARGASSON Benoit	24m 17s	10,712	5m 36s	M	34 M1M	5 / 11 Team Montagne et Ascension
38	1h 40m 54s	166	DELESSE Nicolas	24m 22s	10,704	5m 36s	M	35 M2M	5 / 12 Les Gazelles de Vineuil
39	1h 41m 45s	131	ACTIS Alan	25m 12s	10,615	5m 39s	M	36 SEM	11 / 17
40	1h 41m 45s	241	LÉON Alain	25m 12s	10,615	5m 39s	M	37 M4M	4 / 10 Les Trainee Savates de Prissac .
41	1h 42m 04s	137	BERFEUIL Stephane	25m 31s	10,582	5m 40s	M	38 M0M	10 / 13
42	1h 42m 04s	157	CHOPLIN Jessica	25m 31s	10,582	5m 40s	F	4 M0F	2 / 7
43	1h 42m 08s	143	BORGET Philippe	25m 35s	10,575	5m 40s	M	39 M5M	1 / 7 Coureurs de Fond Déolois
44	1h 42m 12s	248	MAQUIN Thomas	25m 39s	10,568	5m 41s	M	40 SEM	12 / 17
45	1h 42m 12s	282	RIVERA Jonathan	25m 39s	10,568	5m 41s	M	41 SEM	13 / 17
46	1h 42m 22s	188	GERARD Florent	25m 50s	10,550	5m 41s	M	42 M4M	5 / 10 La Berrichonne Châteauroux Athletic Club
47	1h 42m 46s	165	DELAGOUTTE Jonathan	26m 14s	10,509	5m 43s	M	43 M0M	11 / 13
48	1h 43m 09s	164	DECHENE Benoit	26m 37s	10,470	5m 44s	M	44 SEM	14 / 17 TCCM36
49	1h 43m 31s	146	BOUZANNE Anthony	26m 59s	10,432	5m 45s	M	45 M3M	3 / 6 Verneuil Oxygène
50	1h 43m 46s	132	ANDRÉ Laurent	27m 14s	10,408	5m 46s	M	46 M4M	6 / 10 US La Châtre Athlétisme
51	1h 44m 01s	273	PICHON Dominique	27m 28s	10,384	5m 47s	M	47 M5M	2 / 7 Les Foulées de la Vallée Noire
52	1h 44m 09s	151	CENDRIER Ludovic	27m 37s	10,369	5m 47s	M	48 M2M	6 / 12
53	1h 44m 17s	263	MONTANGON Jessica	27m 45s	10,356	5m 48s	F	5 M1F	3 / 4 ASPTT CM36 SPORTS NATURE
54	1h 44m 32s	245	LUREAU Emilie	28m 00s	10,332	5m 48s	F	6 M0F	3 / 7 Glénic Sport Nature
55	1h 44m 51s	153	CHABENAT Loic	28m 19s	10,301	5m 49s	M	49 M2M	7 / 12 crevant running
56	1h 45m 34s	180	FONTENAS Lilian	29m 02s	10,230	5m 52s	M	50 M2M	8 / 12 Les Gazelles de Vineuil
57	1h 45m 43s	207	HUBERT Isabelle	29m 10s	10,217	5m 52s	F	7 M3F	1 / 1 US La Châtre Athlétisme
58	1h 46m 05s	293	THERET Sébastien	29m 32s	10,181	5m 54s	M	51 M1M	6 / 11 Les Gazelles de Vineuil
59	1h 46m 13s	156	CHAUMETTE Bruno	29m 41s	10,167	5m 54s	M	52 M5M	3 / 7 US La Châtre Athlétisme
60	1h 46m 54s	280	RENARD Melanie	30m 21s	10,103	5m 56s	F	8 M0F	4 / 7
61	1h 47m 05s	144	BOUCHER Emeline	30m 32s	10,086	5m 57s	F	9 M1F	4 / 4 AMO Mer Athlétisme
62	1h 47m 33s	299	YVERNAULT Joël	31m 01s	10,042	5m 58s	M	53 M6M	1 / 3 Boussac Running
63	1h 47m 38s	194	GRIMAULT Eric	31m 06s	10,034	5m 59s	M	54 M5M	4 / 7 Coureurs de Fond Déolois
64	1h 47m 46s	261	PERRIN Mathias	31m 13s	10,022	5m 59s	M	55 SEM	15 / 17 Les Trainee Savates de Prissac .
65	1h 47m 51s	330	CHEVALIER Amelie	31m 19s	10,014	6m 00s	F	10 SEF	1 / 2
66	1h 48m 07s	275	QUILLON Thierry	31m 35s	9,989	6m 00s	M	56 M5M	5 / 7 La Berrichonne Châteauroux Athletic Club
67	1h 48m 10s	240	LEGRAND Jean Philippe	31m 38s	9,985	6m 01s	M	57 M7M	1 / 3 Glénic Sport Nature
68	1h 48m 47s	142	BLINET Thierry	32m 15s	9,928	6m 03s	M	58 M6M	2 / 3 Free Runners
69	1h 49m 31s	247	MALQUE Alain	32m 58s	9,862	6m 05s	M	59 M5M	6 / 7 Coureurs de Fond Déolois
70	1h 49m 49s	173	DUMAIS Jean Francis	33m 17s	9,834	6m 06s	M	60 M2M	9 / 12 Endurance 23 La Souterraine
71	1h 50m 03s	290	SCHULETZKI Laurent	33m 30s	9,814	6m 07s	M	61 M3M	4 / 6 triathlon club Chateauroux Métropole 36
72	1h 50m 03s	251	MARDELLE Franck	33m 30s	9,814	6m 07s	M	62 M2M	10 / 12



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73	1h 50m 20s	174	DUMINIL Francis	33m 47s	9,789	6m 08s	M	63 M4M	7 / 10 USP Running Trail Le Poinçonnet
74	1h 51m 35s	297	VANHEEMS Marc-Antoine	35m 03s	9,678	6m 12s	M	64 M1M	7 / 11
75	1h 52m 25s	235	LASSALLE Cindy	35m 53s	9,607	6m 15s	F	11 M0F	5 / 7 US Berry
76	1h 52m 38s	289	SALLOT Frédéric	36m 05s	9,589	6m 15s	M	65 M4M	8 / 10
77	1h 53m 34s	136	BAZARD Olivier	37m 02s	9,510	6m 19s	M	66 M1M	8 / 11 Glénic Sport Nature
78	1h 53m 37s	186	GAULIER Michael	37m 05s	9,505	6m 19s	M	67 M0M	12 / 13 CBS87
79	1h 53m 42s	150	BYDEKERCKE Romain	37m 10s	9,498	6m 19s	M	68 M0M	13 / 13 USP Running Trail Le Poinçonnet
80	1h 54m 29s	244	LIMOUSIN Philippe	37m 56s	9,434	6m 22s	M	69 M5M	7 / 7 Les Foulées de la Vallée Noire
81	1h 54m 29s	193	GRELET Olivier	37m 56s	9,434	6m 22s	M	70 M2M	11 / 12 GRESSET RAULT SOLUTIONS
82	1h 55m 44s	277	RABIER Justine	39m 12s	9,332	6m 26s	F	12 M0F	6 / 7 La Dionysienne - Course Nature - St Denis de Jouhet
83	1h 55m 51s	154	CHALLE Jean-Michel	39m 19s	9,322	6m 26s	M	71 M6M	3 / 3 La Berrichonne Châteauroux Athletic Club
84	1h 56m 35s	288	ROUTET Didier	40m 03s	9,264	6m 29s	M	72 M4M	9 / 10
85	1h 57m 52s	16	BEZIAUD Romain	41m 20s	9,163	6m 33s	M	73 SEM	16 / 17 ASPTT CM36 SPORTS NATURE
86	1h 57m 55s	104	PERRIN Bertrand	41m 23s	9,159	6m 33s	M	74 M1M	9 / 11 ASPTT CM36 SPORTS NATURE
87	1h 58m 00s	198	GUILLLOT Mickael	41m 28s	9,152	6m 33s	M	75 M2M	12 / 12 Coureurs de Fond Déolois
88	1h 58m 28s	161	CUTARD Laetitia	41m 56s	9,117	6m 35s	F	13 M2F	1 / 2 Club alpin lons' team coatching +
89	1h 59m 38s	177	EVRAUD Shana	43m 06s	9,027	6m 39s	F	14 SEF	2 / 2 AS Legrand
90	2h 00m 00s	257	MARX Frédéric	43m 28s	9,000	6m 40s	M	76 M4M	10 / 10
91	2h 01m 54s	155	CHAMPIGNEUX Gregory	45m 22s	8,859	6m 46s	M	77 M1M	10 / 11 USP Running Trail Le Poinçonnet
92	2h 02m 43s	133	ANTUNES Dylan	46m 11s	8,801	6m 49s	M	78 SEM	17 / 17
93	2h 03m 56s	140	BERGER Jean Noel	47m 23s	8,715	6m 53s	M	79 M7M	2 / 3 amitie nature 03 montlucon
94	2h 08m 52s	183	GASC Elise	52m 20s	8,380	7m 10s	F	15 M0F	7 / 7
95	2h 11m 20s	258	MASSERON Sébastien	54m 47s	8,224	7m 18s	M	80 M3M	5 / 6 Les Gazelles de Vineuil
96	2h 23m 14s	295	TRIBET Alexandre	6m 42s	7,540	7m 57s	M	81 M1M	11 / 11 Trail de la Bouzanne
97	2h 27m 23s	191	GOULEAU Samia	10m 51s	7,328	8m 11s	F	16 M2F	2 / 2
98	2h 29m 05s	135	BARDET Julien	12m 32s	7,245	8m 17s	M	82 M3M	6 / 6 Pas de club
99	3h 15m 22s	265	PARRAIN Guy	58m 49s	5,528	10m 51s	M	83 M7M	3 / 3